



THE LADY MUSGRAVE TRUST
Accommodation and support for young women in need

A Handy Guide for Homeless Women in Brisbane

A publication that will help you identify the places to go
and organisations that will help you find your feet
and a roof over your head in Greater Brisbane.

2016-2017 EDITION

An initiative of The Lady Musgrave Trust

Emergency Phone Numbers

Police, Fire, Ambulance, Emergency	000
Lifeline - crisis support, suicide prevention	13 11 14
Kids Helpline	1800 551 800
Beyondblue	1300 224 636
DVConnect - domestic violence hotline	1800 811 811
Sexual assault, domestic & family violence support	1800 737 732
24-hour general health advice	13Health (13 43 25 84)
Gambling helpline	1800 858 858
Alcohol & Drug Information Service	1800 177 833

**Homeless
Hotline
1800 47 47 53**

**When you call, we will provide information about where
you can find support, accommodation, meals or showers**

FREE Call from standard phones or public phones*

24 HOURS A DAY, SEVEN DAYS A WEEK, CONFIDENTIAL

***Calls from mobiles are charged at applicable mobile provider rates**

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Acknowledgements

In 2008, The Lady Musgrave Trust hosted its first Forum for Organisations Working with Homeless Women and the Forum has now become an annual event. Following that first Forum, a Working Group was set up to ensure the Forum remained relevant to the various organisations that attended. It was during this time that individuals working in the homelessness area throughout Brisbane identified the need for a printed directory of services and other resources to be made available to homeless women or women at risk of becoming homeless.

In 2011, the first A Handy Guide for Homeless Women in Brisbane was published and the inaugural edition's print run of 2,000 copies was underwritten by the then Office for Women in the Queensland Government's Department of Communities. The demand has been so high for these Handy Guides and last year there were 8,000 printed. Sincere thanks to the Working Group members who sourced the information for the debut edition and worked on subsequent editions.

This 2016-2017 update of A Handy Guide for Homeless Women in Brisbane was made possible through the generous assistance of many organisations.

First, my thanks to the Working Group for 2016, who updated the content of this booklet (with a special thanks to Centacare) and also ensured that 2016 Forum was another success. Representatives of the Working Group were:

- The Lady Musgrave Trust
- Ozcare
- Centacare
- Alcohol and Drug Homeless Outreach Team, Department of Health
- DV Connect
- Housing Services, Department of Housing and Public Works
- Dress for Success
- Micah Projects Inc.

My sincere thanks to the Department of Housing and Public Works who provided a much needed funding contribution for printing services and administration.

And of course I wish to thank The Lady Musgrave Trust who coordinated and provided funding.

Over the next 12 months, 8,000 copies of the 2016 edition of A Handy Guide for Homeless Women in Brisbane will be distributed across Queensland.

The aim of A Handy Guide for Homeless Women in Brisbane was simple: to provide practical, relevant and useful information on where to get help with a variety of issues that impact on women experiencing homelessness in Brisbane.

We sincerely hope this booklet will find its way to those who need it.

Funded by:



**Department of Housing
and Public Works**



THE LADY MUSGRAVE TRUST
Accommodation and support for young women in need

Patricia McCormack
President, The Lady Musgrave Trust

**FOR WOMEN EXPERIENCING VIOLENCE, YOU
CAN ALWAYS RING**

**DVCONNECT WOMENSLINE
1800 811 811**

**If you are in danger right now, call the Police or
Ambulance on 000.**

To help take the worry out of health concerns ...

**Call 13 HEALTH (13 43 25 84) for
confidential, qualified and supportive advice
to help take the worry out of health concerns.**

13 HEALTH

**QUALIFIED STAFF WILL GIVE YOU ADVICE ON WHO
TO TALK TO AND HOW QUICKLY YOU SHOULD DO IT**

**24 HOURS A DAY, SEVEN DAYS A WEEK, FOR THE COST OF A
LOCAL CALL**

Accommodation

Drop-In and Support Centres

What They Offer

Drop-In and Support Centres, or Neighbourhood Centres, are a good place to start if you need to find out information about what support services are available in the vicinity.

These centres are designed to be non-judgmental central “hubs” of information here you can get referrals; organise identity documents (ID) or a printout of income statements and the like; get support letters for accessing government or community-based housing; find out about emergency relief in your local area including financial assistance, food and accommodation and – depending on the centre – even provide some of this assistance on-site.

There are often a range of health, social, legal and government services operating from drop-in centres.

Remember that most places will not provide financial support over the phone and will require an in-person assessment, so it is best to make your way to a drop-in centre as soon as you think you might be approaching a crisis.

Early intervention helps prevent situations getting too out of control.

Most drop-in centres have free access to the Internet, phones and can often be registered as a mailing address if you do not have a permanent or consistent residence.

Drop-in Centres

The Exchange at Kelvin Grove

A community hub in Kelvin Grove Urban Village providing information, referral services, activities and groups.

The Exchange offers free access to a telephone, computers and printing. The Exchange holds free or low cost classes in computers, art, English conversation, parenting and much more. Monday to Friday 9:00am to 5:00pm (times may vary).

81 Musk Avenue, **Kelvin Grove**

3175 9975

139 Club Incorporated Homeless Drop-In Centre

The 139 Club Incorporated's mission is to provide a safe environment in inner-city Brisbane for people experiencing homelessness, or at risk of homelessness, to access a range of support services aimed at enhancing social inclusion. This drop-in centre offers low-cost or free meals, shower, laundry, recreational facilities, lockers, toiletries, health clinic, family support and visiting services.

505 Brunswick Street, **Fortitude Valley**

3254 1144

Street Level Drop-In Centre

Drop-in service run by the Salvation Army. Open Monday and Tuesday 9:00am to 2:00pm with free breakfast, Thursday 3:00pm to 8:00pm with free dinner. First Sunday of every month, Roast Lunch from 12:30 to 1:30pm. Access to computers, phones, and showers (with towels and toiletries) for community use.

97 School Street, **Spring Hill**

3075 4120 or 0497 940 649

St Vincent de Paul (various Brisbane locations)

Brisbane Helpline

3010 1096

Assessment and Referral Services

Brisbane Youth Services (BYS)

BYS provides a community hub for young people and young families to access a holistic range of services across multiple levels of immediacy and intensity, from immediate needs such as drug and intervention services through to intensive, therapeutic and planned support that respond to their needs and help them create a new future.

42 McLachlan Street, **Fortitude Valley**

3620 2400

Brisbane Homelessness Service Collaborative (BHSC)

The BHSC is a service of Micah Projects, delivered in collaboration with a number of community service providers throughout Brisbane. The BSHC is a first port of call for individuals and families experiencing, or at risk of, homelessness in the greater Brisbane region.

BHSC Visiting Hours are: Tuesdays and Fridays 9.30am-1pm;

Public Transport: Bus route 199. Nearest train station is South Brisbane Station.

Kurilpa Hall, **174 Boundary Street, West End**

3036 4444

Hart 4000 (Homelessness Assessment and Referral Team)

A service for those who are homeless, or at risk of homelessness, requiring case management and referral to related services. Telephone for an appointment.

Maidan Lilley Community Centre, Level 1, 5 Green Square Close (corner of Constance Street), **Fortitude Valley**

3004 0100

Lifeline

Provides confidential counselling services over the telephone. Lifeline’s national sexual assault, domestic and family violence counselling service provides 24-hours-a-day, seven-days-a-week, confidential, non-judgmental assistance. Face-to-face assistance is available free-of-charge at some of the service’s neighbourhood centres. Charges are based on income level.

13 11 14

Neighbourhood and Community Centres

Community Queensland Incorporated

An independent community centre providing a range of services and support options for people including mental health services, food relief pantry, aged and disability services and family and individual support.

Information, referral, crisis counselling and advocacy support is available by appointment to assist people with difficult and stressful life experiences.

The Early Intervention Housing Service program provides support for people whose health is impacting on their housing situation and who may be struggling to sustain their tenancy.

180 Jubilee Terrace, **Bardon**

3510 2700

Footprints

Provides a range of community-based supports for older people, people with disabilities, their carers, people with mental illness, people who are homeless and those who are financially and socially disadvantaged residing in the inner-northern suburbs of Brisbane. Hours vary according to service.

24 Light Street, **Fortitude Valley**

3252 3488

New Farm Neighbourhood Centre

Services include laundry and shower facilities, use of community office facilities, open house, recreational activities, play group, coffee and company. Open Mondays through Fridays, 9:00am-1:00pm. Closed Wednesdays.

967 Brunswick Street, **New Farm**

3358 5600

Stepping Stone Clubhouse

Stepping Stone Clubhouse is a Brisbane-based organisation providing a non-institutional setting where adults with a mental illness give each other support as they work to rebuild their confidence, stamina, concentration, social and vocational skills. 9/61 Holdsworth Street, **Coorparoo**

3847 1058

West End Community House (WECH)

West End Community House is a not-for-profit, community-based organisation providing services to residents in the inner southern suburbs of Brisbane. These currently include Community Development, Tenancy Advice and Advocacy, Community Meeting spaces and local outreach services.

4 Norfolk Road, **South Brisbane**

3217 2333

Emergency and Short Term Housing for Adults and Families

These are places that you can ring and stay in immediately or with a short intake process if they have a room available.

If you would like to know what rooms are available on the night, telephone Homeless Hotline on 1800 474 573.

Anglicare - Homeslessness services for women and families (Adult women's program)

Temporary supported accommodation for single women 18 years and over, 25% of income.

Toowong Intake

3377 3110

General enquiries

3377 3111

Ashgrove Boarding House

Will take singles, couples, and small families

309 Waterworks Road, **Ashgrove**

\$150 per week SINGLE, \$250 per week DOUBLE

0418 884 466

Avondale

Accommodation for singles and couples aged 18 years and above. Single and double rooms available.

179 Musgrave Road, **Red Hill**

\$175 per week SINGLE, \$250 per week DOUBLE

3369 6565

Born Free Club Hostel

Accommodation for Aboriginal and Torres Straits Islander individuals (including bed and meals).

27 Brook Street, **South Brisbane**

\$150 per week SINGLE (includes 3 meals per day)

Bowman Johnson Hostel

Accommodation for singles and couples aged 18 years and above. Single and double rooms available. Meals provided.

5 Oxford Street, **South Brisbane**

\$175 per week SINGLE, \$350 per week DOUBLE

3844 2115

Edgewater @ Annerley

577 Ipswich Road, **Annerley**

\$175 per week SINGLE, \$250 per week DOUBLE

3892 4761 or 0416 495 655

Kyah House

Small single rooms, strict rules.

270 Boundary Street, **Spring Hill**

3831 8423

Musgrave Park Hostel

Student accommodation only.

196 Boundary Road, **West End**

3846 5160

Pindari Women's Homeless Service

Ring ahead to do a phone interview. Intakes between 3pm and 7pm daily.

28 Quarry Street, **Spring Hill**

\$133 per week Newstart (includes breakfast only)

\$157.50 per week Pension (includes breakfast only)

3832 6073 & 3832 6035

Roma House

Offering support and crisis accommodation. Requires a referral. To get accepted you can either, (a). Call Homeless Hotline on 1800 47 47 53, which will arrange a discussion and assessment; or (b). present at Brisbane Homeless Service Centre or HART 4000 and discuss Roma House as an option. These organisations will look at your suitability, determine vacancy status and complete an assessment.

535 Wickham Terrace, **Spring Hill**

3839 1826

Families

Ashgrove Boarding House

Will take singles, couples, and small families.

309 Waterworks Road, **Ashgrove**

0418 884 466

Salvation Army Family Supportive Accommodation

Accommodation for women, accompanied by up to three children under the age of 12 years.

1000 Gympie Road, **Brisbane North**

3350 3455

Yumba Hostel

Accommodation for students and families. Meals included.

55 Gray Road, **Hill End**

\$31 per night per adult

\$11 per night per child

\$27 per night per adult couple

3844 3721

Women Only

Joyce Wilding Hostel

Accommodation for women.

2361 Logan Road, **Eight Mile Plains**

\$200 per week Single Woman

\$220 per week Single Woman & 1 child

\$240 per week Single Woman & 2 children

\$260 per week Single Woman & 3 children

\$40 per night per adult

\$10 per night per child

3841 0718

**NO MONEY TO MAKE A CALL?
Dial “1800 REVERSE”
- 1800 738 3773**

The person you are calling will be asked to accept the charges.

Emergency and Short Term Housing for Individuals Aged Under 25 Years (Including Those with a Family, Pregnant)

Anglicare - Homelessness Services for Women and Families (Young Women's Program)

Temporary supported accommodation in a shared environment for women 16-25 years who are pregnant and/or parenting. Maximum of 2 children under 4 years.

Toowong Intake 3377 3110
General enquiries 3377 3111

Bahloo Women's Youth Shelter, Woolloongabba

For women, ages 16 to 24 years. 1800 159 147

Bayside Adolescent Boarding and Supported Housing Incorporated

Medium/long-term accommodation for individuals aged from 16 to 21 years.

34 Bay Terrace, Wynnum 3393 4170

Beaumont Care World Voyaging

Kippa-Ring 3883 2475 or 0499 779 877

Brisbane Youth Service

3620 2400

Brisbane Youth Service Centre for Young Women

Short/long-term accommodation for females aged from 16 to 25 years. A waiting list applies.

5 Zillah Street, Stones Corner 3847 9633

Caboolture Youth Shelter (Burpengary)

Emergency accommodation for males or females aged from 16 to 21 years. Phone referrals only.

3888 9355

Carina Youth Agency Incorporated

Medium-term, supported accommodation for individuals and single mothers aged 16 to 25. Also offers an intensive residential support program for 15 to 18-year-olds with high and complex needs.

Winstanley Street, Carina 3395 3044

Carinity Youth – Orana

Provides up to three months of emergency and short-term accommodation for individuals aged from 16 to 18 years. A phone referral is essential.

144 Bald Hills Road, Bald Hills 3261 3969

Chameleon Housing

A crisis shelter, offering housing and support for individuals aged from 16 to 17 years for stays of up to three months. Offers long-term housing for those aged between 18 to 25 as well as a youth bail accommodation program. Ring for cost.

13 Dorall Street, **Kippa-Ring**

3284 4805 & 0412 352 048

Goodna Youth Service

Accommodation for youth and young parents aged between 15 and 25 years. Providing emergency relief every Wednesday at 8.30am.

11 William Street, **Goodna**

3818 1050

Inala Family Accommodation and Support Service

Accommodation for individuals of any age, but must be accompanied by children. Open Monday to Thursday 9am - 4pm and Fridays 9am - 12pm.

56 Poinsettia Street, **Inala**

3372 7188

In-Sync Youth Housing, Greenslopes

Transitional housing for individuals aged from 16 to 25 years.

3286 8777

Kyabra Community Association Incorporated

Accommodation for families.

Kyabra Street, **Runcorn**

3373 9499 or 1800 679 533

Nathaniel House Crisis Shelter

Short-term youth accommodation for individuals aged from 15 to 17 years.

130 Camlet Street, **Mount Gravatt**

3849 4038

FOR WOMEN EXPERIENCING VIOLENCE, YOU CAN

ALWAYS RING

DVCONNECT WOMENSLINE

1800 811 811

**If you are in danger right now, call the Police or Ambulance
on 000.**

North-West Youth Accommodation Service

Accommodation for individuals aged from 16 to 25 years.

5/12 Blackwood Street, **Mitchelton**

3855 5233

Penninsula/Redcliffe/Rothwell Aged Care

0499 779 877

Sandgate House

Accommodation for individuals aged from 15 to 18 years.

37 Kempster Street, **Sandgate**

3620 2406

Sherwood Neighbourhood Centre

Short-term accommodation for singles aged 16 years and above, as well as couples with children.

3379 8316

Silky Oaks

Accommodation for families, or young women in the third trimester of pregnancy. Requires a telephone referral from a community-based organisation.

218 Manly Road, **Manly West**

3906 8888

Supporting Mothers' and Children's Hostel

Aboriginal and Torres Strait Islander accommodation for women and children.

2371 Logan Road, **Eight Mile Plains**

3841 0718

Wamuran Park Home

0499 779 877

Young Women's Program (Community Action in Carole Park)

Short-term accommodation for females aged from 15 to 25 years from the local Inala-Ipswich area only.

11a Southampton Road, **Carole Park**

3271 3592 & 0409 252 248

Brisbane Youth Service Mainline

3620 2400

Youth Housing Project

Accommodation for 15 to 19-year-old singles, couples, or those who are pregnant or parenting, plus their siblings.

246 Sandgate Road, **Albion**

3256 0241

Zig Zag Young Women's Resource Centre Incorporated

Medium-term accommodation for women aged from 16 to 25 years.

575 Old Cleveland Road, **Camp Hill**

3843 1823

Zillmere Family Accommodation Program

Accommodation for individuals of any age, but must be accompanied by children.

54 Handford Road, **Zillmere**

3865 2880

Supported Accommodation (Level 3)

Supported accommodation (mostly boarding houses) means that it can provide a range of extra support such as meals, laundry, medication assistance, supervision or specialised disability services depending on the venue.

Supported accommodation can cost up to 85 percent of your income and may depend on disability criteria.

Angus House

Accommodation and support for veterans and their families. Must be over 18 years old. 53-55 Bayliss Street, **Toowong** 3870 8743

Bayside Lodge

Offering Level 3 supported accommodation. 20 Grace Street, **Lota** 3348 4800

Clayfield House

Offering Level 3 supported accommodation. 8 London Road, **Clayfield** 3262 8273

Colville Lodge

Offering Level 3 supported accommodation. 38 Colville Street, **Highgate Hill** 3844 1041 or 0407 655 100

Coorparoo Level 3 Supported Accommodation

80 Lade Street, **Coorparoo** 3397 9679

Salvation Army Family Supportive Accommodation (Brisbane North)

Supported accommodation is provided to families who are homeless, or at risk of homelessness. Women who are 36 or more weeks pregnant also are eligible. Family support with children under 18 yrs old.

Aspley 3350 3455

Gracemere Ladies' Home

567 Sandgate Road, **Clayfield** 3262 8031

Green Meadow Court

Offering Level 3 supported accommodation. 712 Creek Road, **Mount Gravatt** 3343 2277

Homestead

Offering Level 3 supported accommodation. 120 Blackwood Street, **Mitchelton**

Herston Lodge

Offering offers short term and long term supported accommodation by providing single or shared rooms, full provision of meals and medication assistance for people who may have different life challenges including homelessness and mental health. We are 500m from Royal Brisbane Women's Hospital and have good access to public transport, Regular on-site doctor visits, and Regular Podiatrist & Hairdresser visits.

129 Butterfield Street, **Herston**

3257 3488

Murray Lodge Supported Accommodation

Offering short-term and long-term supported accommodation, including all meals.

7 Murray Street, **Wilston**

3356 2461

Montray Villa Hostel

Offering Level 3 supported accommodation.

17 Bonney Avenue, **Clayfield**

3862 3900

Pinjara Lodge

Offering Level 3 supported accommodation.

171 Kennedy Terrace, **Paddington**

3369 5909

Tarampa Lodge

We are a Fully Accredited Level 3 Supported Accommodation located in the beautiful Lockyer Valley. We offer accommodation, meals, assistance with medication (if required), laundry assistance (if required), cleaning service (if required), shopping bus, onsite kiosk, resort facilities (inground pool, games room, tennis court, BBQ area, cinema lounge, ending machines ect). We link residents to medical professionals. We offer single and shared room accommodation to both men and women with single ensuited rooms coming soon.

449 Lowood and Minden Road, **Tarampa**

5426 8314

Thornfield Cottages

Offering Level 3 supported accommodation.

358 Richmond Road, **Canon Hill**

3899 0095

Willow House

Offering Level 3 supported accommodation. Offers accommodation to both male and female.

52 Chalk Street, **Woolloowin**

3357 5474 or 0407 574 243

Wilston Court

Offering Level 3 supported accommodation.

2 Kedron Brook Road, **Wilston**

3356 3318

Budget Short or Long Term Housing, Caravan Parks and Backpacker Hostels

It is often compulsory to have a passport in order to stay at most hostels so if you don't have a passport, make sure you ask beforehand if it will be required to avoid being turned away at the door.

Know your rights: If you are renting at a caravan park as a permanent resident you are covered under the Residential Tenancies and Rooming Accommodation Act.

If you are staying at a hotel-motel it is considered a holiday let and you do not have the same rights, that is, you can be removed without notice.

Acacia Inner City Inn

413 Upper Edward Street, **Brisbane**

3832 1663

Alpha Caravan Park

Permanent stays only. No children.

1420-1432 Gympie Road, **Aspley**

3263 4011

Amberley Caravan Park

Permanent only, children allowed.

Cunningham Highway, **Ipswich**

5464 3388

Annie's Shandon Inn

Short-term lodgings only. Breakfast included.

405 Upper Edward Street, **Brisbane**

3831 8684

Aquatic Gardens Caravan Park

Ring for cost. Short-term, semi-permanent and permanent lodgings available.

833-901 Beenleigh-Redland Bay Road, **Carbrook**

3287 6474

Atoa House Travellers' Hostel

95 Annie Street, **New Farm**

3358 4507

Aussie Colonial Inns: Tuscany House

Dormitory, single, double and family accommodation. Fully-equipped kitchen, laundry, Internet access and parking available. Discounts for seven or more days.

123 Warry Street, **Spring Hill**

3252 1397

Aussie Gardens Caravan Park

Permanent stays only. Children and pets allowed.

65 Holmead Road, **Eight Mile Plains**

3341 2554

Aussie Way Backpackers

Will require passport.

34 Cricket Street, **Brisbane**

3369 0711

Avon Hotel

9 Gregory Terrace, **Spring Hill**

3839 4905

Banana Benders Backpackers

118 Petrie Terrace, **Petrie Terrace**

3367 1157

Boondall Motel

Families (up to four children) accommodated.

2092 Sandgate Road, **Boondall**

3265 1722

Bowen Terrace

365 Bowen Terrace, **Brisbane**

3254 0458

Brisbane Backpackers' Resort

Passport usually required.

110 Vulture Street, **West End**

1800 626 452 or 3844 9956

Brisbane City YHA Australia Backpackers

Passport usually required.

392 Upper Roma Street, **Brisbane**

3236 1004

City Backpackers

Passport usually required.

380 Upper Roma Street, **Brisbane**

3211 3221

Durack Gardens Caravan Park

Children allowed.

758 Blunder Road, **Durack**

3372 7300

Explorers Inn Backpackers

63 Turbot Street, **Brisbane**

1800 623 288 or 3211 3488

Fiesta Place Caravan Park

Children allowed.

7 Baker Street, **Camira** 3271 1645

Irish Inn

Single rooms and family rooms. One week’s rent bond needed.

77 Heal Street, **New Farm** 3358 2382

Jacaranda Villas

33 Lagonda Street, **Annerley** 3848 6435

Kanga Lodge

73 Heal Street, **New Farm**

Newmarket Gardens Caravan Park

Various accommodation styles available (tents/cabins).

199 Ashgrove Avenue, **Ashgrove** 3356 1458

Pandora Hotel

Various rates apply. Two weeks’ rent, four weeks’ bond required.

126 Warren Street, **Spring Hill** 3831 2231

Queensland Motel

777 Main Street, **Kangaroo Point**

Quiet and Cosy

15 Browning Street, **South Brisbane** 0414 656 180

River City Motel

532 Main Street, **Kangaroo Point**

Spring Hill Hotel

Call to arrange an in-person interview.

100 Leichhardt Street, **Spring Hill** 3831 0102

Spring Hill Crest

Single rooms with a fridge, free bed linen and shared amenities.

277 Boundary Street, **Spring Hill** 0408 990 396

Housing Services

Department of Housing and Public Works

The Department of Housing and Public Works can help you find an affordable home in the private rental market or through the social housing system.

RentConnect will help you find a home in the private rental market by providing tailored support to guide you through the process. If you can manage a tenancy, but need help because you:

- have limited rental history
- don't understand how the private rental market works
- don't have enough money to pay for a bond
- don't have all the documents for a private rental application,

RentConnect can help you with these concerns.

RentConnect assistance can include a rental grant, which is a once-only grant of two weeks rent to help cover the costs of moving into private rental accommodation and/or a bond loan, which is an interest-free loan of up to four weeks rent, to help pay the bond for a rental property.

You can also register for the National Rental Affordability Scheme (NRAS) which provides accommodation options at 20 percent or more below the market rent for that area. Both RentConnect and NRAS programs have strict eligibility criteria.

Social housing is secure and affordable rental accommodation for low to moderate income earners and those who have difficulty accessing accommodation in the private rental market. Social housing is provided for the duration of demonstrated housing need.

To access this housing, you must register with the department and you will be placed on the housing register. Waiting times can vary depending on the level of need and nomination of preferred locations.

For more information about these services, including eligibility criteria and application processes, please call 13 QGOV (13 74 68), visit www.qld.gov.au/housing or visit your nearest Housing Service Centre.

General Number 13QGOV (13 74 68)

Greater Brisbane branch offices are located at:

Buranda Housing Service Centre

Leve; 1, 221 Logan Road, Buranda 3873 7700

Caboolture Housing Service Centre

Level 5, Caboolture Park Shopping Centre, 60-78 King Street, Caboolture 5432 0700

Capalaba Housing Service Centre

Capalaba Tower Court Building, 36 Old Cleveland Road, Capalaba 3034 9800

Chermside Housing Service Centre	
18 Banfield Street, Chermside	3917 4600
Fortitude Valley Housing Service Centre	
505 St Pauls Terrace, Fortitude Valley	3034 6500
Inala Housing Service Centre	
14 Wirraway Parade, Inala	3723 2000
Ipswich Housing Service Centre	
Upper Ground Floor, ICON Tower, 117 Brisbane Street, Ipswich	3437 6000
Woodridge Housing Service Centre	
11-13 Station Road, Woodridge	3884 9840

Homeless Connect

Homeless Connect is an event hosted by Brisbane City Council which brings together business and community groups on one day to give free services to the homeless or at risk of homelessness. Several key services are provided at the event, including

- medical care
- legal advice
- accommodation referral
- personal grooming items
- clothes

Events usually held in May & November.

For more information on Homeless Connect, contact the Brisbane City Council on 3403 8888.

Food and Welfare

Emergency Relief

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
139 Club 505 Brunswick Street Fortitude Valley Phone: 3254 1144	Food parcels & financial assistance Monday - Friday 8.30am – 4.00pm by appointment only Meals Monday – Friday Support by appointment	Food parcels Breakfast (\$3.70) Free cereal, toast, porridge 8.30am – 9.00am Lunch (\$4.70) 11.45am – 12.30pm Half price on Tuesday Free on Thursday Morning & Afternoon Tea (free) 10.00am and 1.45pm Free soup available 8.30am – 12.30pm Free dinner Thursday at 6.30pm Weekends Lunch (free) 1.00pm – 2.00pm for homeless	Showers available until 3.00pm free towels and soap Laundromat available Mail collection service available	Must reside in the Catchment area for financial assistance only
Acacia Ridge Community Support Inc 21 Hanify Street Acacia Ridge Q 4110 Phone: 3277 4893	Tuesday, Wednesday & Thursday 9.00am – 12.30pm	Bills Food vouchers Food parcels	Ring from Monday for an appointment	Suburbs covered: Algester, Archerfield, Calamvale, Coopers Plains, Pollard, Parkinson, Rocklea, Salisbury, Willawong
Adra Community Centre 31 Station Road Woodridge Phone: 3290 3011	Monday-Thursday 9.00am – 3.30pm Friday 9.00am – 1.30pm Closed daily for lunch 11.45am – 12.15pm	Food Parcels: (3 in a financial year 3 months apart) Clothing, furniture Utilities Financial Assistance Rent arrears	ID must be provided Need a referral from either Centrelink or community agency Ring Monday morning for an appointment Need Form 11 or Form 12	Suburbs covered: Woodridge, Slacks Creek, Kingston, Beenleigh, Mt Warren Park, Beaudesert

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
Brisbane Street Level Mission via the Salvation Army 97 School Street Spring Hill Phone: 3075 4120	Monday-Tuesday: 9am – 2pm Wednesday: Closed Thursday: 3pm – 9pm Friday: Closed 1st Sunday of the Month: Roast lunch 12.30pm Last Monday of the Month: Salvos Legal Free service 6-9pm (Hours are subject to change)	Meals Recreational activities Welfare support Life skills group Computers Phones Showers		Services are drop in and hangout
Brisbane Youth Service 42 McLachlan Street Fortitude Valley 4006 Phone: 3252 3750	Monday – Friday 9.00am – 4.00pm Closed Wed until 1.00pm	Travel Food vouchers	Assistance for youth under 25 years Either ring or present for assistance	
Centacare Community Connections 29 Beauvaridia Street Cannon Hill Phone: 3399 5671	Monday, Tuesday, Wednesday, Thursday 9:00am – 3:30pm Appointment only	Food parcels		<i>Only applicable to:</i> East Brisbane to Tingalpa region and across to Carina.
Community / The Pantry 180 Jubilee Terrace Bardon Phone: 3510 2700	Monday and Thursday 10:00am-12:00pm No appointment necessary	Fresh produce Bread Grocery items Supermarket vouchers	Must be on Centrelink	Inner north & Inner west of Brisbane NO RENT ASSISTANCE
Food Bank Pantry Assist Annerley Church of Christ Hall 459 Annerley Road Annerley Phone: 3892 2568	Tuesday: 10am – 12pm	Affordable food		
Goodna Anglican Welfare 73 Alice Street Goodna Phone: 3818 0945	Tuesday: 9.00am – 12.00pm	Financial assistance Food parcels Food vouchers Clothing		
Goodna Youth Services 11 William Street Goodna 4300 Phone: 3818 1050	Wednesday mornings Line up after 8:30am - 12:00pm	Food vouchers Scripts Clothes vouchers to Lifeline	Bring Centrelink income statement no older than 2 days ID with current address	<i>Suburbs covered:</i> 4300 4301

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
Harvest Rain Christian Care 150 Brisbane Street Ipswich Phone: 3812 0207	Tuesday, Wednesday & Thursday	Food parcels Utilities	Ring at 9.00am on the day to make an appointment Bring current income statement & ID Original utility accounts	<i>Catchment area:</i> Ipswich City Council area
Immigrant Women's Support Service Phone: 3846 3490	Monday – Friday 9.00am – 4.00pm	Food vouchers Bills	Male or female in financial distress prefer non-English speaking background	
Ipswich Assist 20 Limestone Street Ipswich 4305 Phone: 3413 1070	Tuesday 9am -3pm	Food parcels Bills Petrol	Ring Monday for an appointment. Bring I.D	
Ipswich Housing & Support Services Inc 14 South Station Road Booval, Ipswich Q 4304 Phone: 3816 1435	Wednesday from 9.00am Appointments by phone Tuesday only between 9.00am – 10.00am	Food Utilities Telstra Rent Assistance Pharmacy Travel	Assistance limited to once every four months	Rent Assistance - Must produce a current lease / rental ledger / Remedy Breach with the Landlords or Real Estate agents details & current address
Kingston Loaves & Fishes 29 Mary Street Kingston Phone: 3808 5713	Monday – Friday 9:00am – 3:00pm	Food parcels are \$60	No healthcare care required	
Kyabra Community Association Inc Kyabra Street Runcorn Q 4113 Phone: 3373 9499	Monday – Friday 9.00am – 4.30pm	Telephone Electricity Food vouchers Rent assistance	Ring for an appointment	<i>Catchment area:</i> Acacia Ridge Calamvale Mt Gravatt Rosedale Sunnybank Salisbury

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
Mt Gravatt Community Centre 1693 Logan Road Mt Gravatt Phone: 3343 9833	Tuesday & Thursday 3.30pm -6.00pm food hampers Tuesday Emergency Relief Ring anytime for an appointment	Food vouchers Utility bills including electricity, gas, water, Telstra landline phone Rent (not including 2 weeks in advance)	Bring current Centrelink income statement & Concession card & proof of address For utility/phone bills bring statements which must be overdue For rental payments bring current lease, rent ledger or letter from landlord	<i>Suburbs covered:</i> Annerley, Carina, Carindale, Coorparoo, Eight Mile Plains, Greenslopes, Holland Park, Holland Park West, Mansfield, Mt Gravatt, Mt Gravatt East, Moorooka, Sunnybank, Tarragindi, Upper Mt Gravatt, Wishart
Nexus Care Incorporated 151 Flockton Street Everton Park 3353 7230	Monday, Tuesday, Thursday 10am - 4.30pm for food parcels \$7.00 for 3 months (3 months on / 3 months off) Emergency Relief 10:00am-12pm Phone for an appointment first	Food parcels 10am - 4.30pm Prescriptions Utilities Fuel Vouchers Rent Assistance		<i>Brisbane North Area:</i> Chermside West, Brighton, Nudgee, Airport, The Gap, Ferny Grove, Jindalee, Chelmer
Redland Community Centre 29 Loraine Street Capalaba Q 4157 Phone: 3245 2117	Monday, Tuesday, Thursday & Friday 9am – 3pm Wednesday 9am – 12noon	Food assistance Phone & power bills Rent assistance Packaged food not fresh food		Redlands area
Redland Community Centre SMBI Community Hub Macleay Island Phone: 3409 4222	Thursday 9am – 2.30pm	Food assistance Phone & power bills Rent assistance		Redlands area
Redland Community Centre 238 Bay Terrace Wynnum	Tuesday 9.30am – 3.00pm	Food assistance Phone & power bills Rent assistance		Redlands area

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
Riverview Neighbourhood House 138 Old Ipswich Road Riverview Q 4303 Phone: 3816 2111	Monday 10am – 1pm	Food vouchers Utilities	Need to provide 2 forms of ID with an address	<i>Suburbs covered:</i> Riverview Dinmore Collingwood Park Redbank Plains
Salvation Army 398 St Pauls Terrace Fortitude Valley Phone: 1300 371 288	Monday - Friday 9.00am – 5.00pm	Food vouchers or parcels Clothing Furniture & household items Electricity, gas and other bills Local public transport fares	Bring Centrelink referral and income statement	
Sandgate Uniting Church 116 Board Street Deagon Phone: 3869 0277	Monday - Friday 8.30am – 12.30am	Emergency relief welfare Food assistance (small parcels - tinned food only)		<i>For immediate areas only:</i> Sandgate & Deagon
Sherwood Neighbourhood Centre Inc 38 Thallon Street Sherwood Q 4075 Phone: 3379 6963	Wednesday 9.30am – 12.00noon	Housing Service Food Assistance Thrift Shop onsite	Appointment Only	<i>Suburbs covered:</i> Chelmer, Corinda, Graceville, Jamboree Heights, Jindalee, Middle Park, Mt Ommaney, Riverhills, Seventeen Miles Rocks, Sherwood, Sinnamon Park, Moggill, Chapel Hill, Indooroopilly, Fig Tree Pocket, Kenmore, Kenmore Hills, Westlake
St Vincent de Paul 365 Boundary Street Spring Hill Phone: 3010 1096	Monday – Friday 9.00am – 12.00pm Last appointment 2.00pm	Food & food vouchers Clothing Furniture Utility bills Some financial assistance		

CONTACT INFO	AVAILABILITY	SERVICES	REQUIREMENTS	OTHER INFO
The Rock Christian Church Inc 563 Redland Bay Road Capalaba Phone: 3823 3576	Tuesday, Thursday, Friday 9am – 2pm	Food parcels \$40 each Financial Assistance Ring first for a budgeting appointment		
Tribes of Judah 16 Queens Road Kingston Phone: 3290 3610	Monday - Friday 8.30am - 3.00pm Saturday 8.00am - 10.30am	Free food (8.30am - 9.00am) Food parcels for \$25	Bring shopping bags for food parcels No ID required	
Wesley Central Mission Emergency Relief 316 St Paul's Terrace Fortitude Valley Phone: 3216 1579	Monday – Friday 9.00am – 12.00pm 1.00pm – 3.30pm No appointments required for food hamper support or medical prescriptions	Food parcels Sandwiches, fruit, water Help with prescriptions up to \$35/year		
Vietnamese Community in Australia 2709 Ipswich Road Darra Phone: 3375 6036	Monday – Friday 9am – 2pm	Food vouchers Utilities Rent (if facing eviction)	Ring for an appointment Bring Centrelink income statement If rent bring eviction notice	<i>Suburbs covered:</i> Darra, Sumner Park, Durack, Richlands, Oxley, Forest Lake, Wacol, Goodna, Collingwood Park, Redbank, Camira, Gables, Riverview, Redbank Plains, Springfield, Springfield Lakes
YFS (Logan) 376 Kingston Road Slacks Creek 4127 Phone: 3826 1500	Monday - Friday 8.30am - 5pm	Rent arrears	Private rental only (not DOH)	<i>Suburbs covered:</i> Logan City Area

Concerned about your own, or someone else's, alcohol or other

drug use? Telephone

ALCOHOL and DRUG INFORMATION SERVICE

Free call, 1800 177 833*

Contact ADIS 24 hours a day, seven days a week for information and confidential counselling.

*Mobile phone charges may apply.

Vans and Kitchen

Vans and Kitchens (VAKS) represents a network of volunteer-run, autonomous community-based organisations that offer a range of distinctive services by means of a van or kitchen throughout the Greater Brisbane area.

As most South-East Queensland service providers are operated by volunteers, the following list – courtesy of VAKS – **should be used as guide only as times and locations may vary**. The VAKS website at (<http://www.vaks.com.au>) should be consulted for any schedule changes, or ring Homeless Hotline on 1800 47 47 53 for further details.

Everyone is welcome to accept the free hospitality of the respective service providers but patrons are advised that drug abuse, violence, sniffing of any substance, alcohol and weapons will not be tolerated.

Aspley					
Time	Place	Details	Food	Provider	Cost
Sunday, 12:00pm	Aspley	Rotary Park, Corner Graham Road & Gympie Road	BBQ/Sausage sizzle & drinks. First Sunday of the month.	Rosies Youth Mission Inc: South East Queensland	Free
Bald Hills					
Time	Place	Details	Food	Provider	Cost
Thursday, 12:30pm	Bald Hills	53 Telegraph Road	Food and Drink	Harvest Food Assist	Free
Beenleigh					
Time	Place	Details	Food	Provider	Cost
Monday, 6:00pm	Beenleigh	178 Main Street	Medical care	Street Doctor	Free
Thursday, 7:00pm	Beenleigh	Beenleigh Railway Station, Alamein Street	Drinks & Snacks	Rosies Youth Mission Inc: South East Queensland	Free
Saturday, 6:30pm	Beenleigh	Beenleigh Train Station	Medical care	Street Doctor	Free
Saturday, 7:00pm	Beenleigh	Beenleigh Railway Station, Alamein Street	Drinks and Snacks	Rosies Youth Mission Inc: South East Queensland	Free
Bowen Hills					
Time	Place	Details	Food	Provider	Cost
Monday, 7:30pm	Bowen Hills	Jeays Street Community Centre (in front of the Red Cross Building)	Drinks and Biscuits	Drug Arm SOS	Free

Wednesday, 7:30pm	Bowen Hills	Jeays Street (in front of the Red Cross Building)	Drinks and Biscuits	Drug Arm SOS	Free
Friday, 8:15pm	Bowen Hills	Jeays Street	Hot Pies & Hot Coffee	Access Street Van	Free
Brighton					
Time	Place	Details	Food	Provider	Cost
Tuesday, 7:30am	Brighton	Decker Park	BBQ & Drinks	Paddies Van	Free
Brisbane					
Time	Place	Details	Food	Provider	Cost
Monday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Monday, 7:00pm	Brisbane	Emma Miller Place	Vegetarian	Vital Connection	Free
Monday, 7:00pm	Brisbane	Corner Turbot and Roma Street (Little Roma Street car park)	Medical Care	Street Doctor	Free
Monday, 8:00pm	Brisbane	Emma Miller Place	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Tuesday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Tuesday, 6:00pm	Brisbane	Emma Miller Place	Medical Care	Street Doctor	Free
Tuesday, 6:30pm	Brisbane	City Hall Basement, 64 Adelaide Street	Sit down Hot Meal. 12 - 25 years old ONLY	Red Cross Youth Night Cafe	Free
Tuesday, 8:00pm	Brisbane	Emma Miller Place/Little Roma Street	Hot Drinks	Rosie's Youth Mission Inc.	Free
Wednesday, 7:00am	Brisbane	City Botanic Gardens, near River Stage		Drug Arm MOSHPIIT	Free
Wednesday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Wednesday, 7:00pm	Brisbane	Turbot Street off ramp (Cnr Roma and Turbot Streets)	Sandwiches and drinks	St Mary's Coptic Orthodox Church Outreach	Free
Wednesday, 7:00pm	Brisbane	Turbot Street (under the bridge)	Medical care, 7pm - 10pm	Street Doctor	Free

Wednesday, 8:00pm	Brisbane	Emma Miller Place	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Thursday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Thursday, 6:30pm	Brisbane	City Hall Basement, 64 Adelaide Street	Sit down Hot Meal. 12 - 25 years old ONLY	Red Cross Youth Night Cafe	Free
Friday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Friday, 5:30pm	Brisbane	Corner Albert Street and Wickham Terrace (opposite Urban Hotel)	Drinks and snacks + BBQ	Valley Outreach	Free. Every second Friday.
Friday, 7:30pm	Brisbane	Emma Miller Place	Drinks and Biscuits	Drug Arm SOS	Free
Friday, 8:00pm	Brisbane	Cathedral of St Stephen, 249 Elizabeth St	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Saturday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Saturday, 11:30am	Brisbane	Corner Ann & Creek Street	2 course hot meal	St Andrew's Uniting Church	Free
Saturday, 7:00pm	Brisbane	Corner Roma and Turbot Street (Little Roma Street car park)	Medical Care	Street Doctor	Free
Saturday, 7:45pm	Brisbane	Emma Miller Place	Vegetarian	Vital Connection	Free
Saturday, 7:30pm	Brisbane	Under Turbot Street Bridge	Drinks and Biscuits	Drug Arm SOS (Street outreach service)	Free
Saturday, 8:00pm	Brisbane	Cathedral of St Stephen, 249 Elizabeth Street	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Saturday, 8:45pm	Brisbane	Riverside Drive (by Go Between Bridge)	Drinks and Biscuits	Drug Arm SOS	Free
Sunday, 8:00am	Brisbane	Queens Wharf Road (under the motorway)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Sunday, 7:00pm	Brisbane	Emma Miller Place	Vegetarian	Vital Connection	Free

Sunday, 7:00pm	Brisbane	Emma Miller Place	Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Sunday, 7:00pm	Brisbane	Turbot Street and North Quay (under the bridge)	Medical Care	Street Doctor	Free
Burpengary					
Time	Place	Details	Food	Provider	Cost
Tuesday, 5:00pm	Burpengary	Burpengary Community Hall, 111 Station Road	Dinner	Moreton Bay Regional Community Response	Free
Caboolture					
Time	Place	Details	Food	Provider	Cost
Tuesday, 6:00pm	Caboolture	Centenary Lakes, Morayfield Road	6.00pm to 8.00pm. Soup, BBQ, Dessert & Drinks	Caboolture Community Action	Free
Friday, 10:00am	Caboolture	Uniting Church, Corner King Street & Smiths Road	Pre-paid Hampers - every 2nd Friday only	Lighthouse Care Caboolture	\$30 per hamper
Friday, 8:00pm	Caboolture	Outside Caboolture Train Station, 5 James Street	Snacks and Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Saturday, 6:00pm	Caboolture	6 Bertha Street	6.00pm to 8.00pm. Soup, BBQ, Dessert & Drinks	Caboolture Community Action	Free
Cleveland					
Time	Place	Details	Food	Provider	Cost
Tuesday, 9:30am	Cleveland	Cleveland Courthouse, 5 Middle Street	Snacks & Drinks	The Rock Family and Community Support	Free
Eight Mile Plains					
Time	Place	Details	Food	Provider	Cost
Tuesday, 6:45pm	Eight Mile Plains	Opal House, 2371 Logan Road	Medical care	Street Doctor	Free
Ellen Grove					
Time	Place	Details	Food	Provider	Cost
Friday, 5:00pm	Ellen Grove	Mulley Park, Stephen and David Streets	BBQ	Footprints in the Park	Free

Fortitude Valley					
Time	Place	Details	Food	Provider	Cost
Monday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Monday, 8:30am	Fortitude Valley	505 Brunswick Street	Breakfast	139 Club Inc	Free porridge, cereal, toast. Hot Breakfast \$3.70. Free soup from 8.30am - 12.30pm.
Monday, 10:00am	Fortitude Valley	505 Brunswick Street	Morning Tea	139 Club Inc	Free sausage roll or pie
Monday, 11:45am	Fortitude Valley	505 Brunswick Street	Hot Lunch	139 Club Inc	Hot Lunch \$4.70. Free soup 8.30am - 12.30pm.
Monday, 2:00pm	Fortitude Valley	505 Brunswick Street	Afternoon Tea	139 Club Inc	Free
Tuesday, 6:00pm	Fortitude Valley	Ivory Street and Harrison Lane	Free Laundry Service	Orange Sky Laundry	Free
Tuesday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane		Drug Arm MOSHPIT	Free
Tuesday, 6:45am	Fortitude Valley	Kemp Place (opposite Fire Station)	BBQ	Nudgee College BBQ	Free
Tuesday, 8:30am	Fortitude Valley	505 Brunswick Street	Breakfast	139 Club Inc	Free porridge, cereal, toast. Hot Breakfast \$3.70. Free soup from 8.30am - 12.30pm.
Tuesday, 10:00am	Fortitude Valley	505 Brunswick Street	Morning Tea	139 Club Inc	Free sausage roll or pie
Tuesday, 11:45am	Fortitude Valley	505 Brunswick Street	Hot Lunch	139 Club Inc	Hot Lunch \$4.70. Free soup 8.30am - 12.30pm.
Tuesday, 2:00pm	Fortitude Valley	505 Brunswick Street	Afternoon Tea	139 Club Inc	Free

Wednesday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Wednesday, 6:30am	Fortitude Valley	Kemp Place, Ivory Street, Opposite Fire Station	BBQ breakfast of sausages, bacon and eggs	Jimmies Van	Free
Wednesday, 8:30am	Fortitude Valley	505 Brunswick Street	Breakfast	139 Club Inc	Free porridge, cereal, toast. Hot Breakfast \$3.70. Free soup from 8.30am - 12.30pm.
Wednesday, 10:00am	Fortitude Valley	505 Brunswick Street	Morning Tea	139 Club Inc	Free sausage roll or pie
Wednesday, 11:45am	Fortitude Valley	505 Brunswick Street	Hot Lunch	139 Club Inc	Hot Lunch \$4.70. Free soup 8.30am - 12.30pm.
Wednesday, 2:00pm	Fortitude Valley	505 Brunswick Street	Afternoon Tea	139 Club Inc	Free
Wednesday, 6:15pm	Fortitude Valley	136 Brunswick Street	Hot Drinks	Wesley Mission Community Dinner	Free
Wednesday, 7:00pm	Fortitude Valley	316 St. Pauls Tarrace	Hot Food	Wesley Mission Community Dinner	Free
Wednesday, 9:30pm	Fortitude Valley	Wesley Mission, Crn St Pauls Terrace and Warry Stret	Drinks and Biscuits	Drug Arm SOS	Free
Thursday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Thursday, 8:30am	Fortitude Valley	505 Brunswick Street	Breakfast	139 Club Inc	Free porridge, cereal, toast. Hot Breakfast \$3.70. Free soup from 8.30am - 12.30pm.
Thursday, 10:00am	Fortitude Valley	505 Brunswick Street	Morning Tea	139 Club Inc	Free sausage roll or pie

Thursday, 11:45am	Fortitude Valley	505 Brunswick Street	Hot Lunch	139 Club Inc	Hot lunch \$4.70. Free soup 8:30am - 12:30pm
Thursday, 2:00pm	Fortitude Valley	505 Brunswick Street	Afternoon Tea	139 Club Inc	Free
Thursday, 8:15pm	Fortitude Valley	Warrie Street	Hot Pies & Hot Coffee	Access Street Van	Free
Friday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Friday, 6:30am	Fortitude Valley	Kemp Place, Ivory Street, Opposite Fire Station	BBQ breakfast of sausages, bacon and eggs	Jimmies Van	Free
Friday, 8:30am	Fortitude Valley	505 Brunswick Street	Breakfast	139 Club Inc	Free porridge, cereal, toast. Hot Breakfast \$3.70. Free soup from 8.30am - 12.30pm.
Friday, 10:00am	Fortitude Valley	505 Brunswick Street	Morning Tea	139 Club Inc	Free sausage roll or pie
Friday, 11:45am	Fortitude Valley	505 Brunswick Street	Hot Lunch	139 Club Inc	Hot Lunch \$4.70. Free soup 8.30am - 12.30pm.
Friday, 2:00pm	Fortitude Valley	505 Brunswick Street	Afternoon Tea	139 Club Inc	Free
Friday, 5:30pm	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Drinks and snacks + BBQ	Valley Outreach	Free. Every second Friday.
Friday, 8:45pm	Fortitude Valley	Fortitude Valley Train Sta- tion, Brunswick Street	Hot Pies & Hot Coffee	Access Street Van	Free
Friday, 9:15pm	Fortitude Valley	Pindari, 28 Quarry Street (Carpark driveway opposite Pindari)	Drinks and biscuits	Drug Arm SOS (Street outreach service)	Free
Saturday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free

Saturday, 9:30pm	Fortitude Valley	Wesley Mission, Crn St Pauls Terrace and Warry Street	Drinks and Biscuits	Drug Arm SOS (Street outreach service)	Free
Sunday, 6:30am	Fortitude Valley	Ivory Street (opposite Fire Station) / Harrison Lane	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Goodna					
Time	Place	Details	Food	Provider	Cost
Friday, 5:30pm	Goodna	Diggers Rest (Cnr Church and Queens Street)	BBQ	Footprints in the Park	Free
Friday, 5:30pm	Goodna	Church Street	Medical care, 5.30pm - 8.30pm	Street Doctor	Free
Herston					
Time	Place	Details	Food	Provider	Cost
Thursday, 7:30pm	Herston	Herston Lodge, 129 But- terfield Street	Hot Pies & Hot Coffee	Access Street Van	Free
Wednesday, 7:00pm	Herston	Herston Lodge, 129 But- terfield Street	Hot Pies & Hot Coffee	Access Street Van	Free
Friday, 7:15pm	Herston	Herston Lodge, 129 But- terfield Street	Hot Pies & Hot Coffee	Access Street Van	Free
Inala					
Time	Place	Details	Food	Provider	Cost
Sunday, 1:30pm	Inala	Inala PCYC, 37 Swallow Street	Light Refreshments	A Touch of Com- passion Inc.	Free
Sunday, 4:30pm	Inala	Inala PCYC, 37 Swallow Street	Dinner	A Touch of Com- passion Inc.	Free
Ipswich					
Time	Place	Details	Food	Provider	Cost
Tuesday, 7:00pm	Ipswich	Denmark Guest House, 40 Waghorn Street	Food and Drinks	Helping Hands Queensland	Free
Tuesday, 7:30pm	Ipswich	CWA Girls Hostel, Brisbane Street	Food and Drinks	Helping Hands Queensland	Free
Wednesday, 5:00pm	Ipswich	Queens Park	BBQ	Footprints in the Park	Free
Wednesday, 5:30pm	Ipswich	Queens Park	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free

Thursday, 8:00am	Ipswich	17 Thorn Street	Hot breakfast & drinks	ICYS - Ipswich Community Youth Service	Free
Thursday, 5:00pm	Ipswich	Queens Park	Medical care, 5pm - 8pm	Street Doctor	Free
Friday, 8:00pm	Ipswich	Corner of Brisbane & Nicholas Streets (outside Andrew Antonelli's office in the Ipswich Mall)	Hot Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Kingston					
Time	Place	Details	Food	Provider	Cost
Monday, 7:00pm	Kingston	254 Jacaranda Avenue	Medical care	Street Doctor	Free
Leichardt					
Time	Place	Details	Food	Provider	Cost
Wednesday, 6:00pm	Leichardt	Leichardt Park (Off One Mile Bridge near servo)	BBQ	Footprints in the Park	Free
Friday, 5:00pm	Ipswich	Birrell Street Park, Birrell Street and Crosshill Street	BBQ	Footprints in the Park	Free
Mansfield					
Time	Place	Details	Food	Provider	Cost
Sunday, 11:30am	Mansfield	6/10 Aminya Street	Sunday Lunch at Mansfield Centre	Access Street Van	Free
Mareeba					
Time	Place	Details	Food	Provider	Cost
Friday, 6:30pm	Mareeba	Arnold Park	Food and Drinks	Rosies Youth Mission Inc: North Queensland	Free
Mitchelton					
Time	Place	Details	Food	Provider	Cost
Wednesday, 8:00am	Mitchelton	Fenwick Park, Corner Glen Retreat Road and Samford Road	BBQ, cereal, juice, tea & coffee	Keith's Community Breakfast	Free
New Farm					
Time	Place	Details	Food	Provider	Cost
Monday, 9:00am	New Farm	New Farm Neighbourhood Centre 967 Brunswick Street	Free laundry service	Orange Sky Laundry	Free

Saturday, 6:30pm	New Farm	In front of the Neighbour- hood Community Centre, 967 Brunswick Street	Tea, Coffee & Snacks	Street Arm	Free
Saturday, 6:30pm	New Farm	967 Brunswick Street	Medical Care	Street Doctor	Free
Sunday, 6:30pm	New Farm	In front of the Neighbour- hood Community Centre, 967 Brunswick Street	Tea, Coffee & Snacks	Street Arm	Free
Newstead					
Time	Place	Details	Food	Provider	Cost
Wednesday, 8:30am	Newstead	Lilliput Caring 68 Cherside Road	Food and Drinks	Helping Hands Queensland	Free
Newtown					
Time	Place	Details	Food	Provider	Cost
Tuesday, 8:00pm	Newtown	Lilliput Caring, 68 Cherside Road	Food and Drinks	Helping Hands Queensland	Free
North Ipswich					
Time	Place	Details	Food	Provider	Cost
Saturday, 6:00pm	North Ipswich	Browns Park	BBQ & Home Cooked Meals	Lend A Hand to Ipswich Homeless	Every Second Saturday
Redcliffe					
Time	Place	Details	Food	Provider	Cost
Tuesday, 5:00pm	Redcliffe	Redcliffe Peninsula water- front near the surf club	Dinner	Circle Of Hope Inc	Free
Wednesday, 6:00am	Redcliffe	CWA Hall 189 Redcliffe Parade	Free Laundry Service	Organe Sky Laundry	Free
Thursday, 5:00pm	Redcliffe	Redcliffe Peninsula water- front near the surf club	Dinner	Circle Of Hope Inc	Free
Friday, 4:30pm	Redcliffe	Humpybong Creek (enter off Merideth St via Oxley Ave)	Meal (every 2nd & 4th Friday of the month)	Redcliffe Hands of Hope	Free
Redcliffe (next to the courthouse)					
Time	Place	Details	Food	Provider	Cost
Monday, 6:00am	Redcliffe	CWA Hall, 189 Redcliffe Parade	Breakfast	The Breakfast Club	Free
Wednesday, 6:00am	Redcliffe	CWA Hall, 189 Redcliffe Parade	Breakfast	The Breakfast Club	Free

Friday, 6:00am	Redcliffe	CWA Hall, 189 Redcliffe Parade	Breakfast	The Breakfast Club	Free
Riverview					
Time	Place	Details	Food	Provider	Cost
Friday, 3:30pm	Riverview	Riverview Skate Park, Macu- lata Park, Mitchell Street	BBQ	Footprints in the Park	Free
Rosedale South					
Time	Place	Details	Food	Provider	Cost
Wednesday, 6:00pm	Rosedale South	753 Underwood Rd	hot meal, desert, take-away meals, food parcels, clothes and blankets are available, as well as a Christian service.	Fishers of Men	Free
Wednesday, 6:00pm	Rosedale South	Fishers of Men, 753 Under- wood Road	Medical care	Street Doctor	Free
Sunday, 5:45pm	Rosedale South	753 Underwood Rd	hot meal, desert, take-away meals, food parcels, clothes and blankets are available, as well as a Christian service.	Fishers of Men	Free
Sunday, 6:00pm	Rosedale South	Fishers of Men, 753 Under- wood Road	Medical care	Street Doctor	Free
Sandgate					
Time	Place	Details	Food	Provider	Cost
Friday, 5:30pm	Sandgate	Sandgate Community Centre, 153 Rainbow Street	Hot nutritious meal	Manna from Heaven Sandgate Inc.	Free
Saturday, 5:30pm	Sandgate	Einbunpin Lagoon, corner of Brighton Road and Keogh Streets	BBQ & Drinks	Paddies Van	Free. Every second Saturday
Saturday, 6:00pm	Sandgate	Memorial Park	Various	St Vinnies	Free. Every second Saturday
South Brisbane					
Time	Place	Details	Food	Provider	Cost
Tuesday, 7:30	South Brisbane	Ozcarers Men's Hostel	Hot Pies and Hot Coffee	Access Street Van	Free

Wednesday, 12:00pm	South Brisbane	Musgrave Park, 121 Cordelia Street	Hot Pies & Hot Coffee	Access Street Van	Free
Southport					
Time	Place	Details	Food	Provider	Cost
Monday, 9:30am	Southport	Drop Inn Centre Carpark, Corner Hicks Street and Davenport Street	3 course meal & food hampers	Rosies Youth Mission Inc: South East Queensland	Meal \$4, Hamper \$20
Monday, 11:00am	Southport	Corner North Street and High Street	Lunch	Rosies Youth Mis- sion Inc.	Free
Tuesday, 8:30am	Southport	Drop Inn Centre Carpark, Corner Hicks Street and Davenport Street	3 course meal & food hampers	Rosies Youth Mission Inc: South East Queensland	Meal \$4, Hamper \$20
Wednesday, 8:00am	Southport	Corner North Street and High Stree	BBQ	Rosies Youth Mission Inc: South East Queensland	Free
Wednesday, 9:30am	Southport	Drop Inn Centre Carpark, Corner Hicks Street and Davenport Street	3 course meal & food hampers	Rosies Youth Mission Inc: South East Queensland	Meal \$4, Hamper \$20
Thursday, 8:30am	Southport	Drop Inn Centre Carpark, Corner Hicks Street and Davenport Street	3 course meal & food hampers	Rosies Youth Mission Inc: South East Queensland	Meal \$4, Hamper \$20
Thursday, 7:30pm	Southport	Anzac Park, Marine Parade (Car Park at Tuesley Jetty)	Food & Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Friday, 8:00am	Southport	Corner North Street and High Street	BBQ	Rosies Youth Mission Inc: South East Queensland	Free
Friday, 8:30am	Southport	Drop Inn Centre Carpark, Corner Hicks Street and Davenport Street	3 course meal & food hampers	Rosies Youth Mission Inc: South East Queensland	Meal \$4, Hamper \$20
Friday, 7:30pm	Southport	Carey Park, Marine Pde (end of Short St)	Food & Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Saturday, 7:30pm	Southport	Carey Park, Marine Pde (end of Short St)	Food & Drinks	Rosies Youth Mission Inc: South East Queensland	Free
Sunday, 4:00pm	Southport	Room 3, Gold Coast Community Centre, 8 Lawson Street	3-course meal	Angels Kitchen	Free

Spring Hill					
Time	Place	Details	Food	Provider	Cost
Monday, 7:00am	Spring Hill	Wickham Park, Corner Wickham Terrace and Albert Street, (opposite Brisbane Private Hospital)	BBQ	Eddies Morning Van	Free
Monday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Monday, 12:00pm	Spring Hill	Gregory Terrace and Boundary Street		Drug Arm MOSHPIT	Free
Monday, 6:00pm	Spring Hill	Carpark, Quarry Street (opposite Pindari Hospital)	Hot food & Drinks	Loaves & Fishes Street Meet	Free
Monday, 8:45pm	Spring Hill	Wickham Park, Cnr Wickham Terrace & Albert Street	Drinks and Biscuits	Drug Arm SOS	Free
Monday, 9:30am	Spring Hill	Pindari 28 Quarry Street (Carpark driveway opposite Pindari)	Drinks and Biscuits	Drug Arm SOS (Street Outreach Service)	Free
Tuesday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Tuesday, 7:00am	Spring Hill	Wickham Park, Corner Wickham Terrace and Albert Street, (opposite Brisbane Private Hospital)	BBQ	Eddies Morning Van	Free
Tuesday, 10:00am	Spring Hill	43 St Pauls Terrace	Morning Tea & Lunch	St Paul's Drop-in Centre	Free
Wednesday, 6:30am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Drinks and Biscuits (Nurse)	Drug Arm MOSHPIT	Free
Wednesday, 7:00am	Spring Hill	Wickham Park, Corner Wickham Terrace and Albert Street, (opposite Brisbane Private Hospital)	BBQ	Eddies Morning Van	Free
Wednesday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Wednesday, 9:45am	Spring Hill	Pindari Men's Hostel, 28 Quarry Street	Hot Pies & Hot Coffee	Access Street Van	Free
Wednesday, 10:30am	Spring Hill	Corner Boundary Street & Gregory Terrace	Hot Pies & Hot Coffee	Access Street Van	Free

Wednesday, 7:30pm	Spring Hill	127 Boundary Street	Hot Pies & Hot Coffee	Access Street Van	Free
Wednesday, 8:00pm	Spring Hill	Pindari Men's Hostel, 28 Quarry Street	Hot Pies & Hot Coffee	Access Street Van	Free
Wednesday, 8:45pm	Spring Hill	Boarding Houses Corner Gregory Terrace and Boundary Street	Drinks and Biscuits	Drug Arm SOS (Street outreach service)	Free
Thursday, 7:00am	Spring Hill	Wickham Park, Corner Wickham Terrace and Albert Street, (opposite Brisbane Private Hospital)	BBQ	Eddies Morning Van	Free
Thursday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Thursday, 6:00pm	Spring Hill	Carpark, Quarry Street (op- posite Pindari Hospital)	Hot food & Drinks	Loaves & Fishes Street Meet	Free
Thursday, 7:00pm	Spring Hill	Pindari Men's Hostel, 28 Quarry Street	Hot Pies & Hot Coffee	Access Street Van	Free
Thursday, 7:45pm	Spring Hill	Corner Boundary Street & Gregory Terrace	Hot Pies & Hot Coffee	Access Street Van	Free
Friday, 7:00am	Spring Hill	Wickham Park, Corner Wickham Terrace and Albert Street, (opposite Brisbane Private Hospital)	BBQ	Eddies Morning Van	Free
Friday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Friday, 7:45pm	Spring Hill	Pindari Men's Hostel, 28 Quarry Street	Hot Pies & Hot Coffee	Access Street Van	Free
Friday, 8:45am	Spring Hill	Boarding Houses Corner Gregory Terrace and Boundary Street	Drinks and Biscuits	Drug Arm SOS (Street outreach service)	Free
Saturday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Saturday, 8:45am	Spring Hill	Boarding Houses Corner Gregory Terrace and Boundary Street	Drinks and Biscuits	Drugs Arm SOS (Street outreach service)	

Sunday, 7:00am	Spring Hill	Wickham Park, Cnr. Wickham Tce and Albert St, (opposite Brisbane Private Hospital)	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Stafford					
Time	Place	Details	Food	Provider	Cost
Saturday, 12:00pm	Stafford	1/48 Theodore Street	BBQ	Theodore Street BBQ	Free
Sunday, 12:00pm	Stafford	1/48 Theodore Street	BBQ	Theodore Street BBQ	Free
Upper Mt Gravatt					
Time	Place	Details	Food	Provider	Cost
Friday, 7:00pm	Upper Mt Gravatt	Mt Gravatt Community Centre, 1693 Logan Road	Food and Drinks	Helping Hands Queensland	Free
Waterford					
Time	Place	Details	Food	Provider	Cost
Thursday, 6:30pm	Waterford	Shelter by Grace, 157 Old Logan Rd	Medical care	Street Doctor	Free
West End					
Time	Place	Details	Food	Provider	Cost
Monday, 7:30am	West End	Riverside Drive Under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Monday, 8:00pm	West End	Corner Russell Street and Boundary Road (Behind Chicken Shop)	Drinks and Biscuits	Drug Arm SOS	Free
Tuesday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Wednesday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Wednesday, 11:30am	West End	Murray Country Project, Corner Boundary Road & Russell Street	Hot Pies & Hot Coffee	Access Street Van	Free
Wednesday, 4:00pm	West End	West End Community Park (Small Park), 155 Boundary Street	Frozen dinners & fresh fruit and veg	Community Friends	Free
Wednesday, 5:30pm	West End	Boat Ramp Parking Bay, Riverside Drive	Hamburgers & Cold Drinks	MATES BBQ, Marist College	Free
Wednesday, 8:00pm	West End	Corner Boundary Road and Russell Street (Chicken Shop)	Drinks and Biscuits	Drug Arm SOS	Free

Thursday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Friday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Friday, 9:00am	West End	Small Park / AAA Kiosk, Boundary Street	Drinks and Biscuits (Nurse)	Drug Arm MOSH PIT	Free
Friday, 10:20am	West End	Westend Marketplace, Montague Road and Jane Street	Drinks and Biscuits (GP and Nurse)	Drug Arm MOSH PIT	Free
Friday, 8:00pm	West End	Corner Boundary Road and Russell (Behind Chicken Shop)	Drinks and Biscuits	Drug Arm SOS	Free
Saturday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Saturday, 8:00pm	West End	Behind Chicken Shop, Boundary Street	Drinks and Biscuits	Drug Arm SOS	Free
Sunday, 7:30am	West End	Riverside Drive under Go Between Bridge	Sandwiches, fruit & hot drinks	Ecumenical Coffee Brigade	Free
Sunday, 5:30pm	West End	225 Boundary Street	Sunday Service and Dinner	All Nations Chris- tian Fellowship	Free
Woodend, Ipswich					
Time	Place	Details	Food	Provider	Cost
Monday, 9:00am	Woodend. Ipswich	1 Darling Street East	Food Hampers	Community Compassion	\$30
Tuesday, 9:00am	Woodend. Ipswich	1 Darling Street East	Food Hampers	Community Compassion	\$30
Wednesday, 9:00am	Woodend. Ipswich	1 Darling Street East	Food Hampers	Community Compassion	\$30
Thursday, 9:00am	Woodend. Ipswich	1 Darling Street East	Food Hampers	Community Compassion	\$30
Friday, 9:00am	Woodend. Ipswich	1 Darling Street East	Food Hampers	Community Compassion	\$30
Woodridge					
Time	Place	Details	Food	Provider	Cost
Wynnum					
Time	Place	Details	Food	Provider	Cost
Monday, 9:15am	Wynnum	Wynnum Courthouse, Pine Street	Snacks & Drinks	The Rock Family and Community Support	Free

Centrelink Offices

Where to go to find out more about a wide range of Commonwealth Government financial assistance programs and other services.

75-87 Grand Plaza Drive, Browns Plains	13 24 68
42 Redland Bay Road, Capalaba	13 24 68
18 Banfield Street, Chermside	13 24 68
159 Bloomfield Street, Cleveland	13 24 68
435 St Pauls Terrace, Fortitude Valley	13 24 68
1 William Street, Goodna	13 24 68
14 Wirraway Parade, Inala	13 24 68
279-287 Oxley Avenue, Margate	13 24 68
55 Osborne Road, Mitchelton	13 24 68
1283 Sandgate Road, Nundah	13 24 68
Corner Logan Road & Cornwall Streets, Stones Corner	13 24 68
242 Gympie Road, Strathpine	13 24 68
17-19 Lissner Street, Toowong	13 24 68
57 Sanders Street, Upper Mount Gravatt	13 24 68
21 Station Road, Woodridge	13 24 68
89 Tingal Road, Wynnum	13 24 68
36 Annerley Road, Woolloongabba	13 24 68

Health

Public Hospitals

For Emergencies call 000

For 24 hour telephone health advice call 13 HEALTH (13 43 25 84)

Lady Cilento Children's Hospital

501 Stanley Street, **South Brisbane** 3068 1111

Logan Hospital

Corner of Armstrong Road and Loganlea Road, **Meadowbrook** 3299 8899

Mater Hospital Brisbane

Raymond Terrace, **South Brisbane** 3163 8111

Prince Charles Hospital

Rode Road, **Chermside** 3139 4000

Princess Alexandra Hospital

Ipswich Road, **Woolloongabba** 3176 2111

Queen Elizabeth II Jubilee Hospital

Corner of Kessells Road and Troughton Road, **Coopers Plains** 3275 6111

Royal Brisbane and Women's Hospital

20 Butterfield Street, **Herston** 3636 8111

Royal Children's Hospital

Herston Road, **Herston** 3636 3777

**For more information about aged and community
services, call Carers Queensland's
Information, Support and Counselling for Carers Line**

Free call 1800 47 47 53

Monday to Friday, 8.30am to 5pm

Street Doctor

Monday 7:00pm	Under overpass, Cnr Turbot and Roma Street, Brisbane
Tuesday 6:00pm	Emma Miller Place, Roma Street, Brisbane
Wednesday 7:00pm - 10:00pm	Under overpass, Cnr Turbot and Roma Street, Brisbane
Thursday 5:00pm - 8:00pm	Queens Park, Ipswich
Thursday 6:30pm	157 Old Logan Road, Waterford
Friday 5:30pm - 8:30pm	Church Street, Goodna
Friday 7:00pm	People's Place Park, Cnr Station and Wembley Road, Logan
Saturday 6:30pm	Beenleigh Train Station, Alamein Street , Beenleigh
Saturday 6:30pm	967 Brunswick Street, New Farm
Saturday 7:00pm	Cnr Roma and Turbot Streets, Brisbane
Sunday 6:00pm	Fishers of Men, 753 Underwood Road, Rosedale South
Sunday 7:00pm	Cnr Turbot Street and North Quay (Under bridge)

Community Health Centres

Community Health Centres vary from centre to centre but usually offer a range of family health and support services.

For advice on which health centre may be best for you or your family's individual needs contact

13 HEALTH (Ph: 13 43 25 84)

Chermside Community Health Centre

490 Hamilton Road, **Chermside**

3139 4633

Coorparoo Community Child Health Service

236 Old Cleveland Road, **Coorparoo**

3156 9400

Eight Mile Plains Community Health Centre

51 McKechnie Drive, **Eight Mile Plains**

3156 9400

Goodna Community Health Service

81 Queen Street, **Goodna**

3818 4800

Inala Community Health Service

64 Wirraway Parade, **Inala**

3275 5333

North-West Community Health Centre

49 Corrigan Street, **Keperra**

3335 8888

Nundah Community Health Centre

10 Nellie Street, **Nundah**

3266 3377

Pine Rivers Community Health Centre

568 Gympie Road, **Strathpine**

3817 6333

Redcliffe Community Health Centre

181 Anzac Avenue, **Kippa Ring**

3897 6300

Redland Health Service Centre

3 Weippin Street, **Cleveland**

3488 4222

Toowong Community Health Centre

216 Coopers Camp Road, **Ashgrove**

3858 4444

Wynnum Health Service Centre

128 Whites Road, **Manly**

3893 8111

Health Services

General Health Services

13 HEALTH (13 43 25 84)

Contact this number to speak to qualified staff who can provide confidential advice on health concerns, 24-hours-a-day, seven days a week.

Medicare General Enquiries

13 20 11

Aboriginal and Torres Strait Islander Community Health Service, Brisbane

55 Annerley Road, Woolloongabba

3240 8900 or 3240 8924

Breast Screen Queensland

147-163 Charlotte Street, Brisbane

13 20 50

Brisbane Homelessness Service Collaborative (BHSC) Nursing & Visiting GP Clinics

A clinical nurse employed by Mater Health Services works alongside BHSC staff to provide health assessments, direct nursing care, and referral services by appointment. Hours of operation - Tuesday & Friday 9.30am - 1pm

Public transport: Bus route 199. Nearest train station is South Brisbane Station.

Kurilpa Hall 174 Boundary Street, West End

3036 4444

Brisbane Sexual Health Clinic, Biala City Community Centre

The Sexual Health and HIV Service provides specialist HIV care and services for people with complex sexual health needs. For most services a referral from your General Practitioner (GP) will be required.

A doctor referral is NOT required for the following services

- HIV post-exposure prophylaxis (PEP) which is available to anyone likely to have been exposed to HIV within the previous 72 hours. Contact the clinic immediately if you require this service
- HIV testing clinic sessions

Contact the clinic for appointments and further information.

Floor 1, 270 Roma Street, Brisbane

3837 5611

Brisbane Youth Service

Offers a free health clinic for young people 12-25 years old

42 McLachlan Street, Fortitude Valley

3620 2400

Children by Choice Association Incorporated

All options pregnancy counselling

237 Lutwyche Road, **Windsor** 3357 5377 (Brisbane) or 1800 177 725 (outside of Brisbane)

Diabetes Australia (Queensland)

29 Finchley Street, **Milton**

3506 0999

Doula Heart Network

Provides a professional labour and birth support service for labouring women. Hiring

a doula includes 2 visits before and 2 visits after the birth and support at birth. 1300 64 22 55

Family Planning Queensland

100 Alfred Street, **Fortitude Valley**

3250 0200

Gay and Lesbian Welfare Association

Telephone service.

3017 1717 or 1800 184 527

Hepatitis Queensland

1300 437 222

Mental Health Homeless Health Outreach Team (HHOT)

Provides a service for people who are homeless and experiencing mental health and/or substance abuse issues within a 5km radius of the CBD. Hours of operation - Monday to Friday 6:30am - 9pm. Saturday/Sunday 8am-9pm

162 Alfred Street, **Fortitude Valley** (Office Hours 8:30am - 4:30 pm) 3834 1673

Isis – The Eating Issues Centre

1/109 Gladstone Road, **Highgate Hill**

3844 6055

Lifeline

24-hour telephone crisis support

13 11 14

1300 MH Call (24-hour) Crisis and Referral service

Mental health crisis and referral service for people living in the southside of Brisbane

1300 64 22 55

Mental Health Acute Care Team (24 hour)

Mental health crisis and referral service for people living on the inner northside of Brisbane.

3834 1605

Mental Health Acute Care Team Prince Charles Hospital

Mental health crisis and referral service for people living in Prince Charles area. 1800 112 403

Mental Health Association

A non-government organisation offering a support, information and referral service.

473 Annerley Road, **Annerley**

5519 2550

National Continence Helpline

Monday to Friday, 8am - 8pm

1800 330 066

Ozcare GP Clinic

While Ozcare is a men's hostel there is a Bulk Billing GP clinic on the premises available to both women and men. Mon, Tues, Wed, Thurs from 8:30-12. (The service is not offered to children)

48 Peel Street, **South Brisbane**

3028 4361

Pregnancy Counselling Link

1800 777 690

Relationships Australia

1300 364 277

Royal Brisbane and Women's Hospital Psychiatric Emergency Centre

A 24-hour, seven-day-a-week service. A social worker specialising in homelessness issues is available in the Emergency Department, Mondays through Friday, between 8.00am and 4.30pm.

No need to phone ahead.

3646 7256

Royal Brisbane and Women's Hospital Sexual Assault Service 24 hours

3646 5207

1800 RESPECT 24 hours

24 hour sexual assault and domestic violence support

1800 737 732

Statewide Sexual Assault Helpline

7:30am to 11:30pm 7 days a week

1800 010 120

Young Parents' Program

Support group for young pregnant or parenting women.

3357 9944

Zig Zag Young Women's Resource Centre

Support for young women who have been sexually assaulted or abused.

3843 1823

Dental Services

Public dental services provide general and emergency dental care with no out-of-pocket expenses to eligible patients. To be eligible you will require a Health Care Card or Pension Card.

There are a number of public dental services around Brisbane. If you require urgent or routine public dental treatment, please call the Oral Health Hub. Staff will make an appointment at the location most convenient for you.

Oral Health Hub

1300 300 850

Drug and Alcohol Services

Alcohol and Drug Information Service 24 Hours

A 24-hour, seven-day-a-week telephone service, providing information, counselling and referral for anyone with concerns related to the use of alcohol or other drugs.

3837 5986 or 1800 177 833 (*mobile charges may apply)

Alcohol & Drug Homeless Outreach Team (ADHOT)

Provides a service for people who are homeless and have drug and alcohol concerns. Provides help to access detoxification and rehabilitation services, as well as counselling and education. Open Monday to Fridays, between 8am and 4pm.

Level 2, 2 Burke Street, **Woolloongabba**

3176 1154 or 3176 1151

Alcoholics Anonymous Helpline

Support is available seven days a week between 10am and 10pm.

Information on AA groups, (including women's only groups) is also available.

1300 22 22 22

Alcohol and Drug Information Services

There is a range of services available. Contact the Alcohol and Drug Information Service for details of detox and rehab services to suit your particular needs. 24/7 Crisis Counseling available.

1800 177 833

Biala Harm Reduction Centre

Biala has a free and confidential Needle and Syringe Program, which is open 7am to 11pm daily for vein care, safe injecting advice and equipment, and safe disposal facilities. A vending machine is available to access injecting equipment after hours.

There is also a free clinical service available, Monday to Friday (8.30am to 4pm) which provides general alcohol and drug assessments, which may include detox (hospital or outpatient), referral to counselling services, and/or referral to opiate treatment program.

270 Roma Street, **Brisbane**

3238 4047

DRUG-ARM Australasia

A not-for-profit organisation founded upon Christian values and principles, committed to reducing harms associated with alcohol and other drug use.

473 Annerley Road, **Annerley**

3620 8800

Queensland Injectors Health Network (QuIHN) Ltd

QuIHN is a non-government organisation offering a range of services to people who use illicit substances. A Needle and Syringe Program operates Monday to Fridays 8:30am-4:30pm. A Bulk Billing GP Clinic is available 3 days a week, (Tuesday, Wednesday, Thursday).

1 Hamilton Place, **Bowen Hills**

3620 8111 or 1800 172 076

Teen Challenge, Queensland

A residential rehabilitation program for young women needing to recover from addiction and other life controlling problems.

4637 0211

Disability Services

Anglicare - Homelessness Service for Women and Families (Alina)

Provides outreach support in 2 program areas:

- Single women with an intellectual disability who are experiencing homelessness or at risk of homelessness.
- Families headed by a parent with intellectual disability who are experiencing homelessness or are at risk of homelessness.

Toowong Intake

3377 3110

General enquiries

3377 3111

Gambling Services

Gambling Help Service

Free service providing information, counselling and support to individuals and families affected by gambling.

3423 6955

Gambling Help Service Financial Counselling

Free financial counselling service for anyone impacted by gambling. Help with financial issues such as negotiating with creditors, dealing with debt collectors, hardship applications.

3423 6955

Victims of Crime Counselling and Support Service

Free counselling service for anyone impacted by crime, including victims, families and friends of victims, and witnesses.

1300 139 703

Mobile Healthcare Services

Anglicare SQ (Brisbane North)

A Brisbane North health nurse can be visited at 139 Club Incorporated.
Details can be obtained by calling the Anglicare SQ (Brisbane North) phone number.

3552 7999

Anglicare SQ (Brisbane South)

A Health Nurse is in attendance on Wednesdays 12.30pm to 1.30pm at the park beside 4AAA Community Kiosk, Boundary Street, West End, opposite the lizard sculpture. Times and details of other venues visited by the health nurse can be obtained by calling the Anglicare SQ (Brisbane South) phone number.
Residential Support workers can also be contacted through these numbers.

1300 610 610

Drug Arm

A Street Outreach worker is in attendance on Friday 9:30am-10:15am at the park beside 4AAA Community Kiosk, Boundary Street, West End opposite the lizard sculpture. Outreach workers sometimes accompany the food vans.

1300 656 800

MONDAYS

12:30pm-1:30pm

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, and Anglicare SQ Nursing

Corner of Gregory Terrace and Boundary Street, **Spring Hill**

TUESDAYS

6:30am-7:30am

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Ivory Street, **Fortitude Valley**

WEDNESDAYS

6:30am-7:30am

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Wickham Park, Spring Hill / Wickham Terrace, **City**

7:45am-8:30am

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Queens Wharf Road, **City**

THURSDAYS

11:00am-2pm

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Aspley Rotary Park, **Aspley**

FRIDAYS

9:30am-10:15am

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Boundary Street, **West End**

10:30am-11am

Drug Arm Moshpit Mobile Health Centres – Centrelink, Community Options, Homeless Health Outreach, and Anglicare SQ Nursing Services

Outside Coles West End / West End Markets

NEED CLOTHES WASHED?

ORANGE SKY LAUNDRY

free service in the following locations:

Monday 9:30am - 12:00pm	New Farm Neighbourhood Centre, 967 Brunswick Street, New Farm
Monday-Tuesday 9:00am	Salvation Army Street Level, School Street, Fortitude Valley
Tuesday 9:30am-2:30pm	Wesley Mission, Warry Street, Fortitude Valley
Wednesday 9:00am - 12:00pm	Redcliffe Breakfast Club CWA Hall, 189 Redcliffe Parade, Redcliffe
Thursday - 9:00am - 12:00pm	Wickham Park, Cnr Wickham and Albert Streets, Spring Hill
Thursday - 9:00am - 12:00pm	Wesley Mission, 316 St Paul's Terrace, Fortitude Valley
Friday - 8:45am - 12:00pm	Red Cross Community Centre, Jeays Street, Bowen Hills
Monday - Friday 8:30am - 3:00pm	139 Club 505 Brunswick Street, Fortitude Valley

Legal Assistance

Homeless Persons' Legal Clinic (HPLC)

Lawyers provide free legal assistance for all legal issues including debts, SPER, housing and tenancy, employment, Centrelink, crime and concerns with The Public Trustee of Queensland.

The HPLC is co-ordinated by the Queensland Public Interest Law Clearing House Incorporated (QPILCH). Phone QPILCH to find the clinic location and time that best suits you.

3846 6317

Some locations require appointments and are only available to residents of that service.

Currently clinics available to women operate at:

- Anglican Womens' Hostel
- Salvation Army Pindari Women's Hostel, Spring Hill
- Brisbane Homelessness Service Centre, South Brisbane
- New Farm Neighbourhood Centre, New Farm
- Brisbane Youth Service, Fortitude Valley
- Roma House, Spring Hill
- West End Community House
- 139 Club, Fortitude Valley
- Kyabra Community Association
- Toowoomba
- Townsville
- Cairns

Legal Aid Queensland

Government lawyers available for 20 minutes of free advice in any area of law and legal assistance in crime, family, family violence and Child Protection when client is eligible for a Grant of Aid.

1300 65 11 88

Queensland Association of Independent Legal Services (QAILS)

Find your nearest and most suitable Community Legal Centre (CLC). There are 36 across Queensland and many of them offer free drop-in advice sessions as well as casework in specific areas of law.

QAILS is the peak body and can help you find the most appropriate service for you.

3392 0092

Examples of specific community legal services you can access through QAILS are:

- Seniors Legal and Support Service (SLASS)
- Refugee and Immigration Legal Service Incorporated (RAILS)
- Lesbian Gay Bisexual Trans Intersex Legal Service Incorporated
- Tenants' Union of Queensland
- Prisoners' Legal Service

The Queensland Ombudsman and the Commonwealth Ombudsman

These offices investigate complaints about the actions and decisions of Queensland public agencies (e.g. schools, hospitals) or Commonwealth agencies (e.g. Australian Tax Office, Centrelink, Australia Post, Child Support Agency), to determine whether they have been unlawful, unreasonable, improperly discriminatory or otherwise wrong.

1800 068 908

Women's Legal Service Incorporated

Day-time interviews with a solicitor, by appointment.

3392 0670

Womens Legal Services

Free legal information and referral for Queensland women regarding domestic violence and family law matters.

1800 WLS WLS (1800 957 957)

Centrelink Problems

Basic Rights Centre

Basic Rights Queensland is a state-wide specialist community legal centre, providing free advice, advocacy and legal services to people having problems with social security or disability discrimination. We operate via a Telephone Advice Service which runs on weekdays between 9.30am – 4.00pm. Call us on 07 3847 5532 or 1800 358 511 (freecall) and one of our First Contact Officers will take your details and a brief outline of your matter. We will then make a time for you to discuss your matter with one of our qualified professionals.

www.brq.org.au

1800 358 511

Tenancy and Housing Problems

For example, being evicted/tenancy problems/TICA listings/bond loans and rental grants/government housing assessments.

Residential Tenancy Authority

1300 366 311

The Tenants' Union of Queensland

1300 744 263

Children and Relationships

Advice on matters involving violence/children/separation and divorce/property.

Better Relationships (Anglicare SQ Counselling and Education Services)

Provides family and relationship counselling. Offices in Inala, Ipswich, Riverview, Nundah, Crestmead

221 Logan Road, **Buranda** 1300 114 397

Caxton Legal Centre (by appointment) 3214 6333

Centacare Family and Relationship Services

58 Morgan Street, **Fortitude Valley** 3252 4371

Kids' Helpline (Free call) 1800 551 800

Legal Aid Queensland 1300 651 188

Lifeline 24-hour Telephone Counselling 131 114

Senior's Legal and Support Service 3214 6333

The Family Relationships Advice Line

A national telephone service established to assist families affected by relationship or separation issues. Available Mondays through to Saturdays between 10am and 4pm (local time), except national public holidays.

1800 050 321

Women's Legal Service 3392 0670

Zig-Zag Young Women's Resource Centre

Advice for those aged between 12 and 25 years.

575 Old Cleveland Road, **Camp Hill** 3843 1823

Indigenous Legal Services

Aboriginal and Torres Strait Islander Legal Service (Queensland) Limited

Level 5, 183 North Quay, **Brisbane** 3025 3888 or 1800 012 255

Gallang Place Aboriginal and Torres Strait Islander Corporation

Provides counselling services.

Level 2, 57 Southgate Avenue, **Cannon Hill** 3899 5041

Criminal Charges

Legal Aid Queensland

44 Herschel Street, **Brisbane** 3238 3444 or 1300 651 188

Sisters Inside

An independent community-based organisation which exists to advocate for the human rights of women in the criminal justice system, and to address gaps in services available to them. Sisters Inside works alongside women in prison in determining the best way to fulfil these roles.

326 Montague Road, **West End** 3844 5066

Debts and Fines

Caxton Consumer Law Advice 3214 6333

State Penalties Enforcement Registry (SPER) 1300 365 635

Budgeting Problems

The Salvation Army Moneycare 3252 8301

Uniting Care Community Financial First Aid 1800 007 007

Going to Court

QPILCH Homeless Person's Legal Clinics 3846 6317

Victims of Crime

If you are a victim of crime, report it!

Police Headquarters 3364 6464

Crime Stoppers 1800 333 000

Policelink 133 444

Fortitude Valley Police

Wickham Street Station 3737 5757

Shopfront 3131 1200

Brisbane City Police 3258 2582

Victim's Link-Up 1300 546 587

Elder Abuse

UnitingCare Community's Elder Abuse Helpline

The first port of call for anyone who experiences, witnesses or suspects elder abuse. It provides confidential support, exploration of the issue, information and referrals with some phone advocacy.

Callers may remain anonymous. A statewide service operates Mondays to Fridays, between 9am and 5pm (message bank during after hours).

Toll-free or 1300 651 192

for interstate callers (07) 3867 2525

Getting your ID

If you are applying for any government housing or for allowances you will require a form of Type A identification like a driver's licence, an 18+ card, birth certificate or passport. If you do not have any of those please note it may take some time to acquire these particularly if you are born out of the State you are applying in. Applications cost between \$25 and \$200, depending on what document you need.

Are you a carer in a crisis and in need of some respite?

Call the Brisbane South

**Commonwealth
Carer Respite Centre
1800 052 222**

FOR AFTER-HOURS EMERGENCY RESPITE HELP, CALL

1800 052 222

Community and Specialist Services

Domestic Violence Support

Getting help for Females Experiencing Violence

If you are in danger ***right now***, call the Queensland Police Service or the Queensland Ambulance Service on **000**.

Domestic Violence – DVconnect Womensline

DVconnect Womensline provides 24/7 service for counselling, information and refuge confidential information. Provides advice and assists women and children affected by domestic and family violence to obtain refuge accommodation, counseling and referral to other services.

1800 811 811

Immigrant Women's Support Service (Domestic Violence Program)

3846 3490

Brisbane Domestic Violence Service (BDVS)

BDVS is a free and confidential service for people in the Brisbane Metropolitan area who are affected by domestic and family violence. The service supports women, children, family members, same sex couples and others.

Opening Hours: Monday - Friday 9am-5pm; Closed Thursday 2pm-5pm

3217 2544

Zig Zag Young Women's Resource Centre

Medium-term accommodation for women aged from 16 to 21 years.

575 Old Cleveland Road, **Camp Hill**

3843 1823

UnitingCare Community's Elder Abuse Prevention Unit (EAPU) - Helpline

The EAPU is the first port of call for anyone who experiences, witnesses or susp suspects elder abuse. It provides confidential support, exploration of the issue, information and referrals with some phone advocacy. Callers may remain anonymous. A statewide service operates Mondays to Fridays, between 9am and 5pm (message bank during after hours).

Cost of a Local Call or 1300 651 192
For interstate callers (07) 3250 1836

Families

Families Crisis

This is a service of Micah Projects that supports homeless families transition from a crisis situation into long term, secure and affordable housing. The service provides proactive outreach support to families to break the cycle of homelessness and achieve other outcomes for all members of the family (adults and children). Opening hours: Monday - Friday 9am-5pm.

3217 2544

Finding Child Care

Finding affordable and available child care to suit your family may be a challenge. Depending on whether you need: long day care with nursery facilities, outside school hours care, or perhaps family day care which accommodates different ages and sometimes odd hours for shift workers.

Try to make as many enquiries by phone first, as this will save you time and travelling.

Don't forget the Childcare Rebate and the Child Care Benefit. Centrelink can assist you, as well as the Family Assistance Office.

Australian Childcare Alliance Queensland

This organisation can help you find a service in your area and give you contact details. They can also provide you with information about the standards the Centres are expected to adhere to and details of their accreditation results.

11/6 Vanessa Boulevard, **Springwood**

Outside Brisbane

1300 365 325

In Brisbane

3808 2366

Child Care Access Hotline

This government website (www.mychild.gov.au) and phone number can help you find out information about centres and care available as well as information on the child care rebate and benefits.

1800 670 305 (free call from a landline)

Family Assistance Office

13 61 50

Child Support

13 12 72

Indigenous Support

Aboriginal and Torres Strait Islander clinics provide the following:

- Preventitive health checks
- Chronic disease screening, management and ongoing care
- Care coordination for clients with complex care needs
- Mums and bubs services including antenatal care for pregnant women and their families, post-natal care in the clinic or home, and early childhood screening and development services
- Social helath services including community-based mental health, alcohol and other drug services
- Tele-health services
- Dental and oral health services
- Aged care services
- Allied Health services: Optometry, audiology, podiatry, physiotherapy, occupational therapy, speech therapy, Work It Out

Transport can be provided for people who are older, mobility impaired or mother/child.

Moreton Aboriginal and Torres Strait Islander Community Health Service

Caboolture	5428 5855
Morayfield	5429 1000
Strathpine	3897 0500
Deception Bay	3049 2299

Brisbane Aboriginal and Torres Strait Islander Community Health Service

Woolloongabba	3240 8924 or 3240 8900
Browns Plains	3239 5300
Logan	3240 8940
Woodridge Mums & Bubs	3029 6527
Northgate	3240 8903

Kambu

Ipswich	3810 3000
Laidley	5465 3541
Goodna	3436 9600

Kalwun

Miami	5526 1112
Oxenford	5514 7100
Bilinga	5589 6500

Yulu-Burri-Ba

Dunwich, North Stradboke Island	3409 9596
Capalaba	3900 7800

Immigrant Women's Services

The Immigrant Women's Support Service (IWSS)

A community-based organisation which works with women and children of non-English speaking background who are, or have been, in violent domestic situations and/or have experienced rape and/or sexual assault.

3846 3490

Refugee and Immigration Legal Service

Level 1, 170 Boundary Street, **West End**

3846 9300

Seniors' Information and Support Services

Lifeline's Seniors Enquiry Line

Statewide seniors telephone information.

1300 135 500

Elder Abuse Prevention Unit

Statewide elder abuse telephone helpline.

1300 651 192

Grandparents Information Line

Information, respite and support to grandparents raising grandchildren.

1300 135 500

My Aged Care

Information about gaining in home community support services for someone over the age of 65.

www.myagedcare.gov.au

1800 200 422

Seniors' Legal and Support Service (SLASS)

Free and confidential assistance to seniors concerned about elder abuse, mistreatment or financial exploitation.

3214 6333

Seniors' Card and concessions

13 74 68

Seniors' Services to Reduce Social Isolation and Promote Active Ageing

Cannon Hill *60 and Better* Program

3843 2920

Greek Community *60 and Better* Program

3846 0024

Wynnum *60 and Better* Program

3348 6306

Acacia Ridge *60 and Better* Program

3277 0632

Skylarkers' *60 and Better* Program (Inala)

3879 0046

Active Lifestyles, (Sunnybank)

3344 1686

Brisbane Inner Suburbs *Safe and Confident Living Project*

3316 2999

Support Services for Carers

If you are a carer for someone in your family who is frail from ageing or a younger person with a disability, there are community-based support services available for you to help with his or her care.

Your family may be eligible for such services as domestic assistance, help with personal care, help with shopping or getting to appointments, or social outings.

Respite for carers means that someone will come and help with your loved one, so that you can have a break. You might be able to get to a job interview, attend appointments or just have a break away for a little while.

Commonwealth Respite and Carelink Centres

When you phone this number, they will ask you a few questions like: where do you live and some things about the person you care for. They will also be able to give you the phone numbers of some services for you to phone and have a chat about what you need. Available Mondays to Fridays, from 8.30am to 4.30pm.

1800 052 222 (free call during business hours)

Carer Advisory Service (Carers Australia)

Available Mondays to Fridays, **from 9am to 5pm.**

1800 242 636

Disabilities Information and Awareness Line (D.I.A.L.)

For information on services for people with disabilities
funded by the Department of Disability Services.

3224 8444

1800 177 120

(TTY) 3896 3471

(free call, TTY, weekdays between 9am and 5pm)

Brisbane South Commonwealth Carer Respite Centre

For information, support and respite for carers (including after-hours emergency respite), dial 1800 052 222.

Centacare – Community Services

Services all over Brisbane.

1300 236 822

Blue Care

Services all over Brisbane.
General and Care Support

1300 258 322

OZcare

Services all over Brisbane.

1800 692 273

UnitingCare Health

3253 4000

Animals in Crisis

Royal Society for the Prevention of Cruelty to Animals (RSPCA)

Boarding depends on space and availability. Dogs and cats must have proof of vaccination prior to boarding. Maximum boarding is 28 days. Fees vary according to type of animal.

Goodwin Road, **Dakabin**

139 Wacol Station Road, **Wacol**

3886 0357

3426 9928

**For information on services funded by the Department
for Disability Services to people with a disability, call the**

**DISABILITIES INFORMATION
AND AWARENESS LINE**

3224 8444

Toll-free – 1800 177 120

TTY – 3896 3471

Toll-free TTY – 1800 010 222 9am to 5pm weekdays

Employment

Seeking Work

The following organisations may be able to help you in your search for work. Some services may also be able to assist you to find a training course or gain a qualification. Funding may also be available to help you achieve this.

Sarina Russo Job Access

Sarina Russo Job Access has 7 offices across Brisbane and provides assistance with gaining employment, training and non vocational assistance

Level 2 / 360 St Pauls Terrace, **Fortitude Valley**

3250 6200

Salvation Army Employment Plus

13 61 23

MAX Employment

This organisation specialises in working with people who have a disability.

1800 625 350

Dress for Success Brisbane / Suited To Success Inc.

Assists women by providing a complimentary job interview outfit which they can keep, a resumé review and a practice interview. Once employment has been secured, the person can return for a second complimentary outfit.

2/47 Anderson Street, **Fortitude Valley**

3216 1969

**FOR HELP WITH CHILDCARE VACANCIES RING
CHILDCARE ACCESS HOTLINE
1800 670 305
(FREE CALL FROM A LAND LINE)**

Facilities

Public Libraries

Most public libraries provide free access to the Internet. To contact any of the libraries listed here (except the State Library of Queensland at South Bank), telephone the Brisbane City Council on 3403-8888.

State Library of Queensland, South Bank	3840-7666
450 Ipswich Road, Annerley	
87 Amarina Avenue, Ashgrove	
284 St Vincents Road, Banyo	
Corner of Bracken and Barrett Streets, Bracken Ridge	
266 George Street, Brisbane City	
Corner of Riding Road and Oxford Streets, Bulimba	
Corner of Mayfield Road and Nyrang Street, Carina	
Carindale Shopping Centre, Creek Road, Carindale	
375 Hamilton Road, Chermside	
107 Orange Grove Road, Coopers Plains	
641 Oxley Road, Corinda	
561 South Pine Road, Everton Park	
Fairfield Gardens Shopping Centre, 180 Fairfield Road, Fairfield	
79 Evelyn Road, Grange	
Corner of Racecourse Road and Rossiter Parade, Hamilton	
81 Seville Road, Holland Park	
Inala Civic Centre, Corsair Avenue, Inala	
Indooroopilly Shoppingtown, 322 Moggill Road, Indooroopilly	
Kenmore Village, 9 Brookfield Road, Kenmore	
37 Heliopolis Parade, Mitchelton	
Mount Coot-tha Botanic Gardens, Mount Coot-tha	
8 Creek Road, Mount Gravatt	
Garden City, corner of Logan and Kessels Roads, Upper Mount Gravatt	
Mount Ommaney Shopping Centre, 171 Dandenong Road, Mount Ommaney	
135 Sydney Street, New Farm	
1 Bage Street, Nundah	

Seymour Street, **Sandgate**
280 Logan Road, **Stones Corner**
Sunnybank Hills Shopping Centre, corner of Compton Road and Calam Road,
Sunnybank Hills
Toowong Village Shopping Centre, 9 Sherwood Road, **Toowong**
Garden City, corner of Logan and Kessels Roads, **Upper Mount Gravatt**
178-180 Boundary Street, **West End**
Wynnum Civic Centre, 66 Bay Terrace, **Wynnum**
Corner of Jennings Street and Zillmere Road, **Zillmere**

Lockers and Storage

There are not a lot of options in Brisbane. Two places worth trying for luggage storage are:

Roma Street Lockers

Large lockers are available (one metre by half-metre by a half-metre which can be a large suitcase or two backpacks) for up to 24 hours.

For larger items that don't fit, staff at Roma Street Station will liaise with Tourist Information Centre staff who may be able to accommodate items for up to two weeks.

Costs are negotiable for storage of longer periods of time.

Ground Floor, Roma Street Transit Centre, **Brisbane City** 1800 632 640

139 Club Incorporated

Various size lockers available. Cost: \$15 (six-month time limit).

\$5 is refunded upon the return of the key. Larger items may be able to be stored in separate storage area.

Lockers may be opened and searched at anytime.

505 Brunswick Street, **Fortitude Valley** 3254 1144

Public Toilets

Albert Street Mall

Near Queen Street, **Brisbane City**

Botanic Gardens

Alice and George Streets (adjoining Brisbane River), **Brisbane City**

Burke Park

Holman Street (beside Brisbane River), **Kangaroo Point**

Cathedral Square

Ann and Wharf Streets, **Brisbane City**

Central Railway Station

Ann Street, **Brisbane City**

C. T. White Park

Cnr Bright, Hamilton, McDonald and Thornton Streets, **Kangaroo Point**
(adjoining Brisbane River)

Gallery of Modern Art

Stanley Place, **South Brisbane**

Kangaroo Point Park

461 Main Street, **Kangaroo Point** (cnr River Terrace)

King George Square Bus Station

Adelaide Street, **Brisbane City**

Myer Centre

Queen and Albert Streets, **Brisbane City**

New Farm Park

Brunswick Street, and Sydney Street, **New Farm**

Orleigh Park

Hill End Terrace and Orleigh Street, **West End**

Queensland Art Gallery

Stanley Street, **South Brisbane**

Queensland Museum

Grey Street and Melbourne Street, **South Brisbane**

Raymond Park

Baines, Main and Sinclair Streets and Wellington Road, **Kangaroo Point**

River Terrace Park

Dock Street, Lower River Terrace and Ellis Street, **Kangaroo Point**

Roma Street Garden

Roma, Turbot and Upper Albert Streets, **Brisbane City**

Roma Street Railway and Bus Station

Roma Street, **Brisbane City**

State Library of Queensland

Stanley Place, **South Brisbane**

South Brisbane Railway Station

Grey Street (opposite QPAC), **South Brisbane**

4AA Community Kiosk

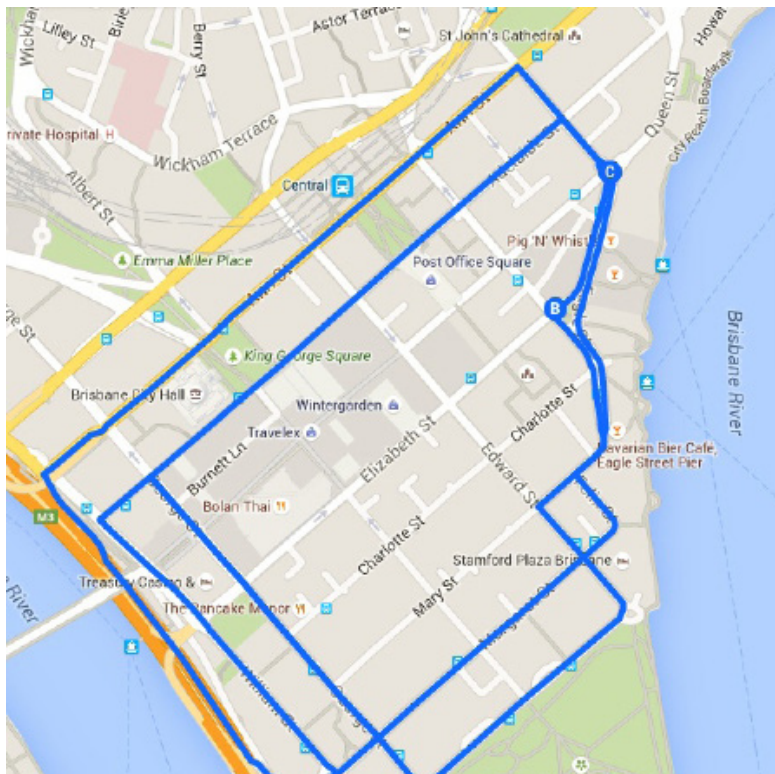
Boundary Street, **West End**

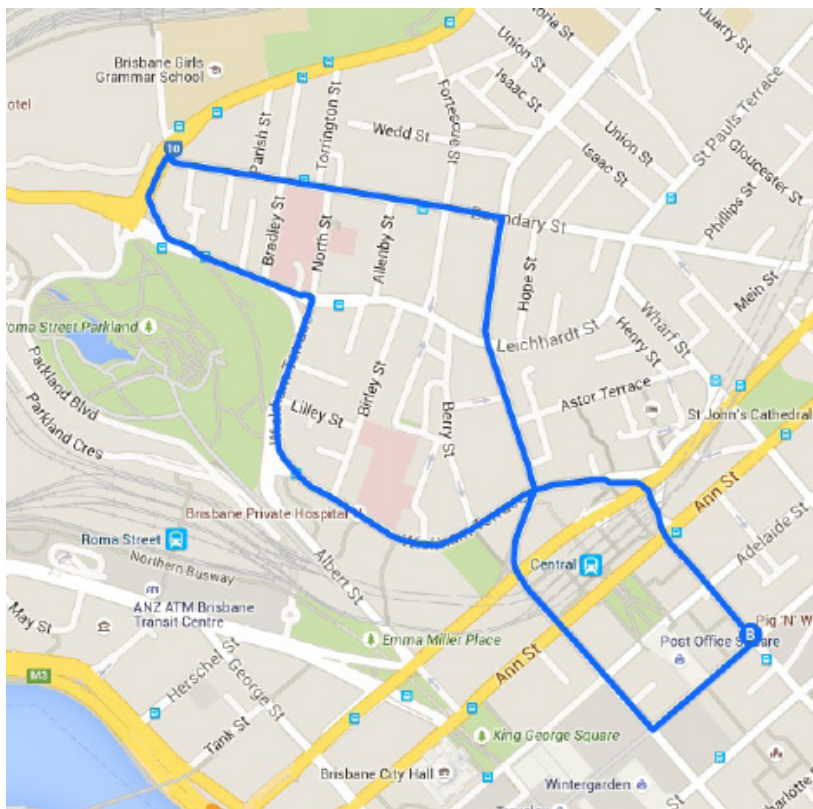
Free Public Transport

There are two free bus loops, one that goes around Brisbane City and other goes from the City to Spring Hill

The Brisbane City Loop is a free bus service operating in both directions around the City Centre. It goes on a set route stopping at several destinations including Queen Street Mall, King George Square, Central Station, Wharf Street, Riverside Centre, Eagle St Pier, City Botanic Gardens and the Queensland University of Technology. The bus stops on the City Loop have distinctive red signposts.

The map below shows the route of the *City Loop* bus service. The Spring Hill Loop bus service is on the next page. For more information on *The Loop* and for timetables of other bus services, contact Translink on 13 12 30, or visit the Transport Information Centre in the Queen Street Mall.





Using a Go Card

Using a *Go Card* to travel on public transport is cheaper than paying the fare with cash. Your *Go Card* can be used on trains, buses and ferries, and can be “topped up” at the Translink machines at train stations, busway stations and at some shops. Concession *Go Cards* are available.

Seniors' Card +Go

People eligible for a Seniors' Card can now upgrade to a combined *Seniors' Card +Go*. This is a single, convenient card with a Seniors' Card on one side and a *Go Card* on the other. For more information, ring 13QGOV (13 74 68).

Free Entertainment & Wi-fi

Free library events details can be accessed from the Brisbane City Council website at www.brisbane.qld.gov.au

BCC Libraries also have free computers and Internet available for use during opening hours.

Council produces a quarterly booklet “LIVE” in June, September, December and March. It is available in the 32 BCC libraries and Ward offices.

Opening hours are Mondays to Thursdays, 9am to 5.30pm; Fridays, 9am to 7pm; Saturdays, 9am to 5pm; and Sundays, 10am to 5pm.

Brisbane City Council

Roy Harvey House, 157 Ann Street, **Brisbane**

3403 8888

Brisbane Visitor Information Centre

Information and brochures about Brisbane and surrounds including free entertainment and public transport.

Queen Street Mall (between Albert and Edward Streets, opposite the Wintergarden Arcade), Brisbane
167 Queen Street, **Brisbane**

3006 6290

Brisbane Powerhouse Arts

Events including free events and exhibitions for adults and children can be accessed by phoning or e-mailing reception.

119 Lamington Street, **New Farm (continuation of James Street)**

3358 8600

Museum of Brisbane (MoB)

Museum of Brisbane (located just around the corner from King George Square and directly opposite the Brisbane School of Arts) is open every day between 10am and 5pm. Closed on Good Friday, Christmas Day, Boxing Day and New Year's Day.

Open from 1pm on ANZAC Day. Admission is free.

Level 3, Brisbane City Hall, Adelaide and Ann Street, **Brisbane**

3339 0800

Queensland Art Gallery (QAG) and Gallery of Modern Art (GOMA)

Activities for children can be found in the galleries. The Children's Art Centre is found at the Gallery of Modern Art, and presents exhibitions and programs across the Queensland Art Gallery's two sites. Free admission applies, except for special exhibitions and some cinema programs. Opening Mondays to Fridays, from 10am to 5pm, Saturdays and Sundays, between 9am and 5pm.

Stanley Place, **South Bank**

3840 7303

State Library of Queensland

The Corner is the State Library's program for children aged eight years and under, available online or on-site at the South Bank building.

With the support of their parents and families, children can explore this site and engage in the creative hands-on and minds-on experience of a digital exhibition, online games and reading activities. Open weekdays, weekends, school and public holidays from 10am to 3pm.

The rest of the State Library is open daily from 10am to 5pm (until 8pm, Mondays through Thursdays).

Heritage Collections may be viewed daily between 10am and 5pm. Closed Christmas Day, Boxing Day, New Year's Day and Good Friday Open 10am to 5pm all other public holidays. Admission is free.

Cultural Centre, Stanley Place, **South Bank**

3840 7666

South Bank Visitor Centre

South Bank has many of Brisbane's much-loved community places and spaces that are used for community events, celebrations, performances, concerts, corporate functions, festivals, free exercise programs and more. Open seven days, from 9am to 5pm (closed Christmas Day and Good Friday).

South Bank House, Stanley Street Plaza, **South Bank**

3156 6366

Brisbane City Council Free WiFi

To connect to the service, search your wireless networks and select 'CouncilWiFi', and read and accept the terms and conditions. No login is required.

TENANCY PROBLEMS? CALL THE TUQ.

The Tenants' Union of Queensland (TUQ) provides a statewide phone advisory service for tenants. Monday, Wednesday and Thursday 9am to 12:30pm, Tuesday and Wednesday 3:30pm to 7:00pm.

1300 744 263

The TUQ website (www.tuq.org.au) also includes heaps of useful info for tenants and residents including detailed "tenancy facts" brochures for tenants and residents that cover common tenancy issues; contacts for the TUQ advisory service and local TAAS services; information about QCAT, and Indigenous "fact sheets" in plain English and Creole.

TENANTS' UNION OF QUEENSLAND INCORPORATED

28 ROBERTSON STREET, FORTITUDE VALLEY

NOTES

Calendar for year 2016 (Australia)

January

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February

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May

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1 Jan New Year's Day
26 Jan Australia Day
7 Mar Labour Day
14 Mar Eight Hours Day
14 Mar Labour Day
21 Mar Harmony Day
25 Mar Good Friday
26 Mar Holy Saturday

27 Mar Easter Day
28 Mar Easter Monday
25 Apr ANZAC Day
2 May May Day
6 Jun Western Australia Day
13 Jun Queen's Birthday
26 Sep Queen's Birthday
3 Oct Labour Day

3 Oct Queen's Birthday
11 Nov Remembrance Day
24 Dec Christmas Eve
25 Dec Christmas Day
26 Dec Boxing Day
27 Dec Christmas/Boxing Day Holiday
27 Dec Proclamation Day
31 Dec New Year's Eve

Calendar for year 2017 (Australia)

January

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February

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March

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April

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May

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

☉: 3 ☊: 11 ☋: 19 ☌: 26

June

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

☉: 1 ☊: 9 ☋: 17 ☌: 24

July

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

☉: 1 ☊: 9 ☋: 17 ☌: 23 ☌: 31

August

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

☉: 8 ☊: 15 ☋: 22 ☌: 29

September

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

☉: 6 ☊: 13 ☋: 20 ☌: 28

October

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

☉: 6 ☊: 12 ☋: 20 ☌: 28

November

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

☉: 4 ☊: 11 ☋: 18 ☌: 27

December

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

☉: 4 ☊: 10 ☋: 18 ☌: 26

1 Jan New Year's Day
 2 Jan 'New Year's Day' observed
 26 Jan Australia Day
 6 Mar Labour Day
 13 Mar Eight Hours Day
 13 Mar Labour Day
 21 Mar Harmony Day
 14 Apr Good Friday

15 Apr Holy Saturday
 16 Apr Easter Day
 17 Apr Easter Monday
 25 Apr ANZAC Day
 1 May May Day
 5 Jun Western Australia Day
 12 Jun Queen's Birthday
 2 Oct Labour Day

2 Oct Queen's Birthday
 2 Oct Queen's Birthday
 11 Nov Remembrance Day
 24 Dec Christmas Eve
 25 Dec Christmas Day
 26 Dec Boxing Day
 31 Dec New Year's Eve

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